

Mama Ireland

32 count, 4 wall, intermediate level

Choreographer: Louise Elfvengren (Sweden)

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Choreographed to: I'll Tell Me Ma by Van Morrison &
The Chieftains; Irish Stew by Sham Rocks

Intro: 12 counts.

CROSS SHUFFLE, ROCK LEFT RECOVER, CROSS SHUFFLE, ROCK RIGHT RECOVER

- 1&2 Cross right foot over left, step left to left side, cross right over left
3-4 Rock left foot to left side, recover back to right
5&6 Cross left foot over right, step right to right side, cross left over right
7-8 Rock right foot to right side, recover back to left

**Wall 5, after section 1 restart

SHUFFLE BACK, ROCK BACK RECOVER, SHUFFLE FORWARD, FULL TURN LEFT

- 1&2 Shuffle back right, left, right.
3-4 Rock left foot back, recover back to right
5&6 Shuffle forward left, right, left
7-8 Step forward right foot and turn over left shoulder a full turn stepping on left foot

*Wall 4, tag and restart

ROCK RIGHT RECOVER, SYNCOPATED BEHIND-SIDE-SIDE WITH 1/4 LEFT TURN

SAILOR TURN 1/4 LEFT, ROCK FORWARD RIGHT RECOVER

- 1-2 Rock right foot to right side, recover back to left
3&4 Step right foot behind left, step left foot to left side, right foot turn 1/4 to left and step next to left.
5&6 Left foot behind right, right foot turn 1/4 left and step left beside right.
7-8 Rock right foot forward, recover back beside left.

HALF SHUFFLETURN BACK, ROCK FORWARD RECOVER, HALF SAILORTURN LEFT, KICK, TURN 1/4 LEFT

- 1&2 Step right back, left foot makes 1/4 turn right and right foot makes the next 1/4 turn
3-4 Rock left foot forward and recover back to right.
5&6 Step left foot behind right, turn right foot 1/2 left and step left foot beside right foot.
7&8 Kick right foot forward, put right foot down and turn 1/4 left, step left beside right.

TAG ROCK RIGHT RECOVER, KICK BALL STEP

*WALL 4 Section 2 after full turn left (7-8)

- 1&2 Rock right foot to right side recover back to left
3&4 Kick right foot forward, step right foot next to left, step left foot next to right foot.

RESTART

**WALL 5 After count 8 section 1 restart.

RESTART
