

THEPage



Approved by:



Make You Stronger...

4 WALL – 32 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Side, Behind Side Cross/Hitch, Back, 1/4, Step, Forward Lock Step, Step, Pivot 1/4		
1	Step right long step to right side and drag left towards it.	Side	Right
2 &	Cross left behind right. Step right to side.	Behind Side	
3	Cross left over right, hitching right diagonally forward.	Cross	
4 & 5	Step right back. Turn 1/4 left stepping left forward. Step right forward. (9:00)	Back Quarter Step	Turning left
6 & 7	Step left forward. Lock right behind left. Step left forward.	Left Lock Left	Forward
8 &	Step right forward. Pivot 1/4 turn left. (6:00)	Step Pivot	Turning left
Section 2	Cross Rock, Side Rock, Behind Side Cross, Chasse 1/4, Step Pivot 1/4 x 2		
1 & 2 &	Cross rock right over left. Recover onto left. Rock right to side. Recover onto left.	Cross Rock Side Rock	On the spot
3 & 4	Cross right behind left. Step left to left side. Cross right over left.	Behind Side Cross	Left
5 & 6	Step left to left side. Close right beside left. Turn 1/4 left stepping left forward.	Chasse Quarter	Turning left
7 & 8 &	Step right forward. Pivot 1/4 turn left. Step right forward. Pivot 1/4 turn left. (9:00)	Step Pivot Step Pivot	
Restart	Walls 2, 4 and 8: Start the dance again from the beginning.		
Section 3	Step, Forward Rock, Back, Back Shuffle, Back Rock, Step, Step Lock		
1	Step right forward.	Step	Forward
2 & 3	Rock forward on left. Recover onto right. Step left back, sweeping right to back.	Rock Forward Step	Back
4 & 5	Step right back. Close left beside right. Step right back, sweeping left to back.	Shuffle Back	
6 & 7	Rock back on left. Recover onto right. Step left forward.	Rock Back Step	Forward
8 &	Step right forward. Lock left behind right.	Step Lock	
Section 4	Step, Forward Rock, 1/4, Cross Side Behind, Sailor 1/4, Step, Pivot 1/2		
1	Step right forward.	Step	Forward
2 & 3	Rock forward on left. Recover onto right. Turn 1/4 left stepping left to side. (6:00)	Rock Forward Quarter	Turning left
4 & 5	Cross right over left. Step left to side. Cross right behind left, sweeping left to back.	Cross Side Behind	Left
6 & 7	Cross left behind right. Step right to side. Turn 1/4 left and step left forward. (3:00)	Sailor Quarter	Turning left
8 &	Step right forward. Pivot 1/2 turn left. (9:00)	Step Pivot	

Choreographed by: Edwin P Napitu (NL) April 2014

Choreographed to: 'Stronger' by Mandisa from CD What If We Were Real; download available from amazon or iTunes (16 count intro)

Restarts: Three Restarts, all after 16 counts, during Walls 2, 4 and 8

