

## Make U Move!

64 count, 2 wall, intermediate/advanced level  
Choreographer: Stephen Rutter (UK) March 2007  
Choreographed to: Make You Dance by Chica, Chica  
Album (126 bpm)

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Start On Main Vocals - 48 counts into Track.  
Dance Sequence: A, A, B, Tag, A, A, B, B, A, B, B.

### Part A (Danced On Verse).

#### Section 1-Forward Rock, Sweep, Touch, Heel Jack, ½ Turn Right.

- 1& Rock forward on Right, recover weight onto left.
- 2-3 Sweep right round from front to back over 2 counts.
- 4 Touch right toe behind left.
- &5 Step back on right, touch left heel forward.
- &6 Close left beside right, touch right toe beside left.
- 7-8 Make a 1/4 turn right stepping right forward, make a 1/4 turn right stepping left to left side.

#### Section 2-Sailor Step, Weave With ¼ Turn Right, Step Forward, Pivot ½ Turn Right, Step Forward

- 1&2 Cross right behind left, step left beside right, step right to rightside.
- 3-4 Cross left over right, step right to right side.
- 5&6 Cross left behind right, make a 1/4 turn right stepping right forward, step left forward.
- 7-8 Pivot a 1/2 turn right (keeping weight on left), step weight onto right.

#### Section 3-Lock Step Forward, Kick, Cross, Coaster Step, Hold, Ball-Step.

- 1&2 Step forward on left, lock right behind left, step forward on left.
- 3-4 Kick right forward to right diagonal, cross right over left.
- 5&6 Step back on left, close right beside left, step forward on left.
- 7 Hold.
- &8 Close right beside left, step forward on left.

#### Section 4- Forward Rock, ½ Turn Right, Step forward, Toe Touch, Knee Swings, ¼ Turn Right, Step Forward, Pivot ½ Turn Right, Step Forward.

- 1&2 Rock forward on right, recover weight onto left, make a 1/2 turn right stepping right forward.
- 3-4 Step forward on left, touch right toe beside left.
- &5 Swing right knee inwards towards left, swing right knee outwards to face 45 Degrees right.
- 6 Make a 1/4 turn right stepping forward right.
- 7&8 Step forward on left, pivot a 1/2 turn right, step forward on left.

### Part B (Danced On Chorus).

#### Section 1-Forward Rock, ¼ Turn Right, Chug ¼ Turn x2, Toe Touch, Left Slide Out (Bending Right Knee), Hitch, Left Lock Step.

- 1&2 Rock forward on right, recover on left, make a 1/4 turn right stepping right forward.
- 3-4 Make a 1/4 turn right touching left toe to left side, make a 1/4 turn right touching left to left side.
- 5 Touch left toe beside right.
- 6 Bending right knee slide left foot outwards to left side (Still Keeping Weight on Right).
- 7 Straighting right leg hitch left knee.
- 8&1 Step left forward, lock right behind left, step left forward.

#### Section 2-Forward Rock, ½ Turn Right, Hip Bumps With Hand Waves, Hold.

- 2-3 Rock Forward On right, recover weight onto left.
- 4 Make a 1/2 turn right stepping forward on right.
- 5-7 Step left to left side bumping hips left, bump hips right, bump hips left.  
ARMS 5-7 Raise Arms In The Air and wave hands Left, right, left.
- 8 Hold.

#### Section 3-Sailor Step, Toe Touches, Ball-Step, Close, Body Roll.

- 1&2 Cross right behind left, step left beside right, step right to rightside.
- 3-4 Touch left toe beside right, touch left toe to left side.
- &5 Close left beside right, step right forward.
- 6 Close Left beside right.
- 7-8 Make a Body roll from the knees upwards over 2 counts.

#### Section 4-Forward Rock, ½ Turn Right, Step Forward, Touch-Ball-Step, ¼ Turn Left, Hip Bumps.

- 1&2 Rock forward on right, recover weight onto left, make a 1/2 turn right stepping right forward.
  - 3 Step forward on left
  - 4&5 Touch right toe beside left, step weight onto right, step forward on left.
  - 6 Make a 1/4 turn left stepping right to right side.
  - 7-8 Stepping weight onto left bump hips left twice.
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**Tag** – To be Executed at the end of the first Part B.

**Section 1-Forward Rock, Sweep, Touch, Heel Jack, ½ Turn Right.**

- 1& Rock forward on Right, recover weight onto left.
- 2-3 Sweep right round from front to back over 2 counts.
- 4 Touch right toe behind left.
- &5 Step back on right, touch left heel forward.
- &6 Close left beside right, touch right toe beside left.
- 7-8 Make a 1/4 turn right stepping right forward, make a 1/4 turn right stepping left to left side.

**Section 2-Sailor ½ Turn Right, Side Step, Touch-Ball-Forward Rock, ½ Turn Left, Drag.**

- 1&2 Cross right behind left, make a 1/4 turn right stepping left beside right, make a 1/4 turn right stepping right forward.
- 3 Step left to left side.
- 4& Touch right toe beside left, place weight onto right.
- 5-6 Rock forward on left, recover weight onto right.
- 7-8 Make a 1/2 turn left stepping left forward, drag right up to left (no Weight).

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Music download available from itunes

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