

Make My Heartbeat

64 count, 2 wall, beginner/intermediate level
Choreographer: Lisa B. Martin (UK) January 2005
Choreographed to: Heartbeat by Jeanette

Step Forward Touch, Step Back Touch, Side Behind & Cross, Pivot

- 1 – 2 Step forward on right, touch left behind right
- 3 – 4 Step back on left, touch right beside left
- 5 – 6 Step right to right side, step left behind right
- & 7- 8 Step right to right side, cross left over right, pivot ¼ turn right weight

Step Forward Touch, Step Back Touch, Side Behind & Cross, Pivot

- 1 – 2 Step forward on right, touch left behind right
- 3 – 4 Step back on left, touch right beside left
- 5 – 6 Step right to right side, step left behind right
- & 7- 8 Step right to right side, cross left over right, pivot ¼ turn right weight

Mambo Forward, Step Back ½ Pivot Step, Mambo Forward, Step Back ½ Pivot Step

- 1 & 2 Step forward on right, recover on left, step right beside left
- 3 – 4 Step left foot back, pivot ½ turn left, step down on left
- 5 & 6 Step forward on right, recover on left, step right beside left
- 7 – 8 Step left foot back, pivot ½ turn left, step down on left

Shuffle Forward, Rock Forward Recover, Shuffle Back, Rock Back Recover

- 1 & 2 Step forward on right, step left beside right, step forward on right
- 3 – 4 Rock forward on left, recover on right
- 5 & 6 Step back on left, step right beside left, step back on left
- 7 – 8 Rock back on right, recover on left

Shimmy Step, Touch Hold, Shimmy Step, Touch Hold

- 1 & 2 Shimmy body to right whilst stepping right foot to right side
- 3 – 4 Touch left beside right, hold
- 5 & 6 Shimmy body to left whilst stepping left to left side
- 7 – 8 Touch right beside left, hold

Jazz Box ¼ Clap, Jazz Box ¼ Clap

- 1 – 2 Cross right foot over left, step back on left
- 3 – 4 Step right foot to right side with a ¼ turn right, step left beside right & clap hands
- 5 – 6 Cross right foot over left, step back on left
- 7 – 8 Step right foot to right side with a ¼ turn right, step left beside right & clap hands

Shimmy Step, Touch Hold, Shimmy Step, Touch Hold

- 1 & 2 Shimmy body to right whilst stepping right foot to right side
- 3 – 4 Touch left beside right, hold
- 5 & 6 Shimmy body to left whilst stepping left to left side
- 7 – 8 Touch right beside left, hold

Jazz Box ¼ Clap, Jazz Box ¼ Clap

- 1 – 2 Cross right foot over left, step back on left
- 3 – 4 Step right foot to right side with a ¼ turn right, step left beside right & clap hands
- 5 – 6 Cross right foot over left, step back on left
- 7 – 8 Step right foot to right side with a ¼ turn right, step left beside right & clap hands

Tag – At the end of wall 2 and 4 perform this 8 count tag

Walks forward, Step Touch, Walks Back, Step Touch

- 1 – 2 Walk forward on right, left
- 3 – 4 Walk forward right, touch left behind right
- 5 – 6 Walk back left, right
- 7 – 8 Walk back left, touch right beside left