

Make Me Move

32 Count, 4 Wall, Intermediate

Choreographer: Paul James & David-Ian Blakeley (UK) April 2014

Choreographed to: Make Me by Janet Jackson (iTunes)

1-8 Out, Out, In, In, Out, Out, Heels, Toes, Heels, Heel Switches, Step Forward.

- &1, &2 Step right foot out to right side (&), Step left foot out to left side (1),
Step right foot in to centre (&), Step left foot next to right (2).
&3 Step right foot out to right side (&), Step left foot out to left side (3).
4&5 Bring in both heels (4), Bring in both toes (&), Bring in both heels (5).
6&7 Touch right heel forward (6), Bring right foot back to centre taking weight (&),
Touch left heel forward (7).
&8 Bring left foot back to centre taking weight (&), Step forward on to right foot.

9-16 ¼ turn left, Behind, Side, In front, Switch right & Left, Point, Switch Left & right.

- 1-2 Make ¼ turn left (1), Step left foot behind right (2),
&3 Step right to right side (&), Cross left foot in front of right (3)
4&5 Touch right toe to right side (4), Bring right foot to centre taking weight (&), Touch left toe to left side (5)
6-7&8 Point Left toe to front (6), Touch left toe to left (7), Bring left foot to centre taking weight (&),
Touch right toe to right side (8).

17-24 Cross, Hold, Back, Side, Forward Left, Forward Right, Heel twists making ½ turn.

- 1-2 Cross right foot over left (1), Hold (2),
3-4 Step left foot Back (3), Step right foot to right (shoulder width apart) (4)
5-6 Step forward on left foot (5), Step forward on right foot (6)
7&8 Twist heels to right making ¼ turn left (7), Twist heels to left (&), Twist heels to right making ¼ turn left

25-32 Coaster Step, Step forward, Cross, unwind, Kick ball side, touch.

- 1&2 Step back on left foot (1), Step right next to left (&), Step forward on left (2)
3-4-5 Step forward on right foot (3), Cross left foot behind right (4), Unwind a full turn over left shoulder (5)
6&7 Kick right foot forward (6), Step down on right foot (&), Take a large step to the left with your left foot (7)
8 Touch right next to left (8)

End of Dance – Happy Dancing