

Make Me High

32 Count, 2 Wall, Beginner, WCS

Choreographer: Lone & Nellie Darling (DK) May 2011

Choreographed to: You Make Me Higher

by Toni Braxton

Start on vocals

Walk x2, ½ turn, mambo step, anchor step

1. Walk back on right
2. Walk back on left
3. Turn ½ over right shoulder – step forward on right (6:00)
4. On ball of right turn ½ over right shoulder – sweep left (12:00)
5. Rock forward on left
- &. Recover on right
6. Step left next to right
7. Step right behind left in 3rd position
- &. Put weight on left
8. Put weight on right

Walk x2, ¼ cross over, slide, touch, step side, arm swing, pose.

1. Walk forward on left
2. Walk forward on right
- &. Step forward on left
3. Turn ¼ right – cross R over L (3:00)
4. Turn ¼ left – step forward on left (12:00)
5. Turn ¼ left – slide right foot back – bend left knee (9:00)
6. Drag right next to left
7. Step right to right side – swing right arm clockwise from front to back
8. Grab left wrist with right hand and put both arms over head while push hips back(7:30)

Walk x2, anchor step with sweep, sailor step, slide, and flick.

- &. Step left next to right (9:00)
1. Walk forward on right
2. Walk forward on left
3. Step right behind left in 3rd position
- &. Put weight on left
4. Put weight on right while you sweep left from front to back at same time
5. Cross left behind right
- &. Step right to right side
6. Big step to left side (last step in the sailor)
7. Drag right next to left
8. Put weight on right – flick left back(6:00) heed look at (12:00) (on the same count)

Cross, Turn, push (Lunge), back, drag, step back, Bend, drop heel, triple turn right with hitch.

- &. Cross left over right (9:00)
1. Turn ¾ right – end weight on right
2. Lunge forward on left
3. Step back on right – slide left heel towards right
4. Step back on left
5. Bend both knees and look back – while lift right heel (12:00)
6. Look forward, Put right heel down – while straighten legs (6:00)
7. Turn ½ right – step back on left while hitch right
- &. Turn ½ right – step forward on right while hitch left
8. Step forward on left