

## Anytime Waltz

48 count, 4 wall, Intermediate level  
Choreographer : Sharon May (UK) Sept 2001  
Choreographed to : This Woman Needs by  
SheDaisy off The Whole SheBang Album

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Dance starts on vocals

### **Forwards R L R, Travelling $\frac{3}{4}$ turn moving back over left shoulder making 'L' shape, L R L**

- 1, 2, 3 Step forward on to R foot, step L next to R, step R in place  
4, 5, 6 Make  $\frac{3}{4}$  travelling turn over left shoulder making 'L' shape stepping back with L foot to make  $\frac{1}{2}$  turn then stepping R foot to L foot making  $\frac{1}{4}$  turn to the left, then step L next to R  
7, 8, 9 Repeat counts 1 – 3  
10,11,12 Repeat counts 4 – 6

Alternative steps for counts 4,5,6, & 10,11,12 Make 1  $\frac{3}{4}$  turn over left shoulder stepping L R L Step back onto L foot making  $\frac{1}{2}$  turn over L shoulder as you step. Turn 1  $\frac{1}{4}$  turn over L shoulder by stepping the R foot to cross the L foot and turning weight mainly on L Foot, but as you turn the weight should go onto both feet. Transfer weight on to L foot as you finish turn, ready to step forward with R foot. This is definitely for those who love a challenge and a spin!! Good luck!!

### **Forwards R, L, R, Step L foot back $\frac{1}{2}$ turn over left shoulder, Full turn, Step back R, L, R**

- 13,14,15 Step forwards R foot, step L next to R foot, step R foot in place  
16,17,18 Step back left foot for 1 count make  $\frac{1}{2}$  turn over left shoulder for 2 counts  
19,20,21 Weight on L foot, cross your R foot over L foot for 1 count and make full turn over left shoulder to face same direction for 2 counts, weight going on to both feet as you turn.  
22,23,24 Step back R foot, Step L foot next to R foot, Step R foot forwards.  
*Styling: Optional arms on full turn. As you cross your R foot over L foot to make full turn, bring your arms in front and cross then open them whilst raising them to shoulder height as you turn.*

### **Long steps Forward, Travelling $\frac{1}{2}$ turn over left shoulder, $\frac{1}{2}$ turn over L shoulder**

- 25,26,27 Step long step forwards L foot, step R foot next to L foot, step L foot in place next to R foot  
28,29,30 Step long step forwards R foot, step L foot next R foot, step R foot in place next to L foot  
31,32,33 Make  $\frac{1}{2}$  turn over left shoulder stepping back onto L foot, R next to L, then L in place  
34,35,36 Step forwards on to R foot and make  $\frac{1}{2}$  turn over left shoulder, keeping weight on R foot, as you finish turning, the L foot should go out to left side rock weight on to L foot, rock weight back on to R foot.

### **Left Twinkle, $\frac{3}{4}$ turn, Forwards step L, R, L, Step back, $\frac{1}{2}$ turn, Slide**

- 37,38,39 Weight on R foot, cross L foot over R foot, step R foot next to L foot, step L foot next to R  
40,41,42 Make  $\frac{3}{4}$  turn over R shoulder by crossing R foot over L foot then turn stepping L, R Put weight on to R foot  
43,44,45 Step forwards L foot, step R foot next to L foot, step L foot in place  
46,47,48 Make  $\frac{1}{2}$  turn over R shoulder by keeping weight on L foot as you turn and step forward onto R foot straight away to face new wall. Slide L foot next to R foot over 2 counts.

Choreographer's notes: Although I have recommended This Woman Needs for the dance Track, the waltz can be done to any waltz music. Any Problems contact me on Sharonmay60@Hotmail.com

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