

Make A Move

32 count, 4 wall, intermediate/advanced level
Choreographer: Terri Alexander (USA) Aug 2006
Choreographed to: Me & U by Cassie, CD Single

32 count intro

Kickball Touch, Step, Twist & Turn, Kick, Touch, Sweep, Cross, Back, Side, Cross

- 1-2 Kick R forward, Step on ball of R, Touch L beside R, Step L to L side
- 3-4 Twist Heels L, twist heels R, twist heels L with 1/8 turn R (1:30)
- 5-6 Kick R forward, touch R beside L
- 7-8 Sweep R across L, step down R, step L back turning 1/8 R (finishing 1/4 turn), step R to R side, Cross L over R (3:00)

Step R, Slide, 1/4 Step-Lock-Step, Turn 1/2, Step, Spiral, Hip Pushes

- 1-2 Step R large step to R, Slide L beside R (No weight change)
- 3-4 L Step-Lock-Step moving in a curve turning 1/4 L (12:00)
- 5-6 Turn 1/2 L stepping R back, Step L forward
- 7 Spiral full turn R
- 8-1 Step R forward leading with hip, slide L beside R, Step R forward leading with hip (6:00)

1/2 Turn, Sweep 1/4 Turn, Cross Shuffle, 1/4 Turn, 1/4 Turn, Cross Rock, Point

- 2 Pivot on balls of feet 1/2 turn L shifting weight to L
- 3 Sweep R forward and into 1/4 turn L (9:00)
- 4-5 Cross step R over L, step L to L, Cross Step R over L
- 6-7 Turn 1/4 R stepping L back, turn 1/4 R stepping to R
- 8-1 Cross Rock L over R, recover weight to R, Point L to L side (3:00)

Turn Point, Cross Side Rock, Cross Side Rock 1/4, Turn 1/2, Run Run Run

- 2 Step L beside R turning 1/4 L, Point R to R side (12:00)
- 3-4 Traveling forward: Cross step R over L, Rock L to L side, Recover weight to R
- 5-6 Cross step L over R, Rock R to R side, Turn 1/4 L recovering weight to L
- 7-8 Pivot 1/2 L stepping R back, small running steps forward L, R, L (3:00)