

Make A Change

32 count, 2 wall, intermediate level

Choreographer: Craig Cooke (UK) Jan 2004

Choreographed to: Man In The Mirror by Michael Jackson

Start on heavy beat

- Section 1: Cross side sailor 1/4 turn right, cross rock recover, rock recover rock**
1-2 Step right over left, step left to left side,
3&4 Step right behind left, step left to left side making 1/4 turn right, step forward onto right foot
5-6 Cross rock left over right, recover back onto right
7& Rock onto left foot, recover onto right
8 Rock onto left foot
- Section 2: Step right forward pivot 1/2 turn left x 2, right shuffle forward, touch & touch**
1-2 Step forward onto right foot pivot 1/2 turn left
3-4 Step forward onto right foot pivot 1/2 turn left
5&6 Step right foot forward, step left next to right, step right foot forward
7&8 Touch left toe next to right instep, touch left to out to left side, touch left to next to right instep (no weight on left foot)
- Section 3: Sway hip bump left & right, left chasse to side, sweep right leg behind left making 1/4 turn right, step back right, left shuffle forward**
1-2 Step left to left side while swaying hip to left side, sway hip to right
3&4 Step left to left side, step right next to left, step left to left side
5-6 Sweep right leg behind left while making 1/4 turn right, and step onto right foot
7&8 Step left foot forward, step right next to left, step left foot forward
- Section 4: Step right forward pivot 1/2 turn left x 2, triple full turn right, rock and step**
1-2 Step forward onto right foot, pivot 1/2 turn left
3-4 Step forward onto right foot pivot 1/2 turn left
5&6 Make triple full turn travelling to the right stepping on a right, left, right
7&8 Rock left foot over right, recover onto right & step left to left side
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