

Mad Cow Stomp BEGINNER

Website: www.linedancerweb.com Email: admin@linedancerweb.com 32 Count Choreographed by: Tyoni Busch Choreographed to: Mary Lou by Southern Pacific

TOE FANS

- 1 2 Right toe fan out, in
- 3 4 Right toe fan out, in and change weight to right foot
- 5 6 Left toe fan out, in
- 7 8 Left toe fan out, in and change weight to left foot

CHARLESTON

- 1 2 Step forward right foot, lift left knee
- 3 4 Step back left foot, touch back right toe
- 5 6 Step forward right foot, lift left knee
- 7 8 Step back left, touch back right toe

VINE RIGHT VINE LEFT

- 1 2 Pivot 1/4 wall (face inside circle) on weighted left foot and step right, hook behind left
- 3 4 Side right, touch left
- 5 6 Side left, hook behind right
- 7 8 Side left, touch right

STEP BRUSHES

- 1 2 Turn 1/4 wall right (return to line of dance) stepping with right, brush through with left
- 3 4 Step left, brush right
- 5 6 Step right, brush left
- 7 8 Step left, weightless stomp with right bring feet together.

REPEAT

/For a mixer, line up in 2 circles facing opposite LOD

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