

## Mach (Rainbow)

32 Count, 4 Wall, Improver

Choreographer: John Ng (Singapore) Aug 2011

Choreographed to: Mach by Rainbow

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Intro: 48 counts from start of track

**Touch R & Bump Hips R-L-R, Behind Side Cross, Touch L & Bump Hips L-R-L, Behind Side Cross**

- 1&2 Touch R toes to right & bump hips R/L/R keeping weight on L  
3&4 Step right behind left, step left to left, cross right over left  
5&6 Touch L toes to left side & bump hips L/R/L keeping weight on R  
7&8 Step left behind right, step right to right, cross left over right

**R Chasse, ¼ L L Chasse, Step, Touch, Back, Kick, Back Rock**

- 1&2 Step right to right, step left beside right, step right to right  
3&4 ¼ turn left step left to left, step right beside left, step left to left  
5&6& Step forward on right, touch left toe behind right, step back on left, kick forward on right  
7-8 Rock back on right, recover onto left

**\*\* Restart here on wall 2**

**Heel Switches, Side, Drag, Heel Switches, Side, Drag**

- 1&2& Touch right heel forward, step right beside left, touch left heel forward, step left beside right  
3-4 Step right to right, drag left toe to right foot  
5&6& Touch left heel forward, step left beside right, touch right heel forward, step right beside left  
7-8 Step left to left, drag right toe to left foot

**Rumba Box, R Coaster, Forward Shuffle**

- 1&2 Step right to right, step left beside right, step forward on right  
3&4 Step left to left, step right beside left, step back on left  
5&6 Step back on right, step left beside right, step forward on right  
7&8 Step forward on left, lock right behind left, step forward on left

**RESTART:** \*\*On Wall 2, dance to count 16, then restart dance

**TAG:** After Wall 7, do the following 4 counts.

- 1-4 Rock forward on right, recover onto left, rock back on right, recover onto left