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Lucky & Strong

IMPROVER

32 Count 2 Walls

Choreographed by: David J McDonagh Choreographed to: Lucky by Britney Spears

Heel Hook, 2 x Step-Lock-Steps Travelling Forward, Step-Turn-Kick Touch right heel forward, hook right over left shin 1 - 2 Step right forward, lock-step left behind right, step right forward 3 & 4 Step left forward, lock-step right behind left, step left forward 5 & 6 7 & 8 Step right forward, pivot 1/2 turn over left shoulder, kick right forward to left diagonal Cross-Rock-Rock-Kick (x3), Cross-Point-and-Point & 1 & Cross-step right over left, rock left to left side, rock weight onto right 2 Kick left forward to right diagonal Cross-step left over right, rock right to right side, rock weight onto left &3& Kick right forward to left diagonal 4 &5& Cross-step right over left, rock left to left side, rock weight onto right 6 Kick left forward to right diagonal & 7 Cross-step left over right, point right toe to right side Touch right toe beside left, point right toe to right side 8 & Turn with Hip Sway, Coaster Step, Point, Turn with Hip Sway, Coaster Step, Point with [1/4-L] Turn On ball of left turn 1/4 right swaying hips left 1 2 & 3 Step right back, step left beside right, step right forward 4 Point left toe to left side On ball of right turn 1/4 left swaying hips right 5 6 & 7 Step left back, step right beside left, step left forward On ball of left turn 1/4 left pointing right toe to right side 8 Paddle Steps (x2), Cross Chasse, Heel Grind with [1/4-L] Turn, Back-Lock-Step 1 On ball of left turn 1/4 left pointing right toe to right side 2 On ball of left turn 1/4 left pointing right toe to right side 3 & 4 Cross-step right over left, step left to left side, cross-step right over left 5 Step left heel to left side With weight on left heel, turn left toes left with 1/4 turn left, rocking weight back onto right 6 7 & 8 Step left back, cross-step right over left, step left back. Bonus Steps: If dancing to "Lucky" then complete the following, if danced to "Stronger" then leave it out: To make sure the dance fits to "Lucky" perfectly - add the following tag: After the second, fourth and sixth walls of the dance. Basically every time you face the front after the first wall... Side Rock, Triple 1/2 Turn, (repeat on opposite), Forward Rock, Triple (Full) Turn, (repeat on opposite) 1 - 2 Rock right to right side, rock weight to left side 3 & 4 On the spot and 1/2 turn over left shoulder step: right, left, right Repeat counts (1-4) on opposite feet 5 - 8 Rock forward onto right, rock weight back onto left 9 - 10 11 & 12 On the spot and full turn over right shoulder step: right, left, right 13 - 16 Repeat counts (1-12) on opposite feet. START AGAIN AND ENJOY!