

Low Tide

32 count, 2 wall, beginner level

Choreographer: Pauline Mason (Eng) Nov 02

Choreographed to: The Tide Is High by Atomic Kitten
(Radio Edit)

1 – 8 Side close chasse to right, side close chasse to left
1 Step right to side
2 Close left to right
3 – 4 Side right, close left to right, side right
5 – 8 Repeat 1 – 4 to left.

9 – 16 Hip sways, rock back, ½ pivot turn to left
9 -12 Sway hips right, left, right, left
13 Step back on right
14 Replace weight forward onto left
15 Step forward right
16 ½ pivot turn to left (weight ending on left foot)

17 – 24 Rock step, coaster step X 2
17 Step forward on right
18 Replace back onto left
19 & 20 Coaster back right
21 – 24 Repeat 1 – 4 on left foot

25 - 32 2 side touches with clicks, 2 X ½ pivots to left
25 Step right to side, dipping knees
26 Point left foot out to left side (click fingers)
27 – 28 Repeat 24 – 25 stepping left to side
29 Step forward right foot
30 ½ pivot to left
31 Step forward left foot
32 ½ pivot to right

Begin dance again.

For an intermediate/advanced version dance to the same music, try High Tide!