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Love Ya Inside Out

32 Count, 2 Wall, Beginner

Choreographer: Peter Jones & Anna Lockwood (UK)

June 2012

Choreographed to: Inside Out (Latin Mix) by Imelda May,
Album: Inside Out (85 bpm)

Start on vocals

1 Side, Together, Forward, Hold, Side Toe Strut, Cross Toe Strut.

1-4 Step L To L Side, Step R Next To L, Step Forward Onto L, Hold.

5-8 Touch R Toe To R Side, Step Down On R Heel, Cross L Toe Over R, Step Down On L Heel.

2 Side, Together, Forward, Hold, ¼ L Toe Strut, ¼ L Toe Strut.

1-4 Step R To R Side, Step L Next To R, Step Forward Onto R, Hold.

5-8 Touch L Toe ¼ L, Step Down On L Heel, Cross R Toe Over L ¼ L, Step Down On R Heel.

3 L Shuffle Forward, Hold, R Mambo Forward, Hold.

1-4 Step Forward On to L, Step R Next To L, Step Forward Onto L, Hold.

5-8 Rock Forward Onto R, Recover Weight Onto L, Step R Next To L, Hold.

4 Sweep L, R, L, Side Rock, Recover, Cross.

1-6 Sweep L, Step Back Onto L, Sweep R, Step Back Onto R, Sweep L, Step Back Onto L.

&7-8 Rock R To R Side, Recover Weight Onto L, Cross R Over L.
