

Love Train

32 count, 4 wall, beginner level

Choreographer: William Sevone (Sept 2004)

Choreographed to: Love Train by The O'Jays from the albums 'Backstabbers' or 'Best Of' plus many compilations... for alternate music please refer to dance sheet

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Choreographers note:- 'Get on board the lurrrrve train'... Dedicated to the Sisters Of No Mercy, better known as - 'The Beckenham Bunny' and the 'Bling Bling Ka-Chingford Warrior Princess' A straightforward dance with no tricky bits so allowing all those budding Karaoke singers out there full vent to their vocal 'talents'.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts on the vocals with feet together and weight on the right foot.

2x Cross Touch-Side Touch-Sailor Step (12:00)

- 1 - 2 Cross touch left toe over right. Touch left toe to left side.
3& 4 Cross step left foot behind right, step right foot next to left, step left foot to left side.
5 - 6 Cross touch right toe over left. Touch right toe to right side.
7& 8 Cross step right foot behind left, step left foot next to right, step right foot to right side.

2x Turn Step Fwd-Step Together. Fwd Shuffle (3:00)

- 9 - 10 Turn 1/4 left & step forward onto left foot. Step right foot next to left.
11& 12 Step forward onto left foot, close right foot next to left, step forward onto left foot.
13 - 14 Turn 1/2 right & step forward onto right foot. Step left foot next to right.
15& 16 Step forward onto right foot, close left foot next to right, step forward onto right foot.
Dance note: The shuffles are 'short stepped'

1/4 Left Rock Bwd. Rock. Chasse Left. Rock Bwd. Rock. Chasse Right (12:00)

- 17 - 18 Turn 1/4 left & cross rock left foot behind right. Rock onto right foot.
19& 20 Step left foot to left side, step right foot next to left, step left foot to left side.
21 - 22 Cross rock right foot behind left. Rock onto left foot.
23& 24 Step right foot to right side, step left foot next to right, step right foot to right side.

1/4 Left Rock Bwd. Rock. Shuffle Fwd. 2x Fwd Chug Steps. Shuffle Fwd (9:00)

- 25 - 26 Turn 1/4 left & rock backward onto left foot. Rock onto right foot.
27& 28 Step forward onto left foot, close right foot next to left, step forward onto left foot.
29 - 30 (short 'hippy' steps) Walk forward: Right-Left.
30& 32 Step forward onto right foot, close left foot next to right, step forward onto right foot.
Dance note: The shuffles are 'short stepped'

Other suggested music:	KC & Sunshine Band	Thats the way (110 bpm)
	Van McCoy	The Hustle (112 bpm)
	Chaka Khan	I'm every woman (114 bpm)
	Rose Royce	Car wash (115 bpm)
	Sister Sledge	Lost in music (117 bpm)
	Tavares	Heaven must be missing an Angel (117 bpm)
	A Taste Of Honey	Boogie Oogie Oogie (120 bpm)
	Freda Payne	Band of Gold (120 bpm)
	Heatwave	Boogie nights (120 bpm)
	Lipps Inc	Funky Town (123 bpm)
	Michael Zager	Lets all chant (123 bpm)
	Anita Ward	Ring my bell (126 bpm)
	Donna Summer	I feel love (127 bpm)
	Earth Wind & Fire	Boogie wonderland (130 bpm)
	Trammps	Disco inferno (130 bpm)