

SIDE BY SIDE SUGAR PUSH

- 1 - 4 Walk forward right, walk forward left, kick right forward, step back right
5 & 6 Step back left, step together right, step forward left (coaster step)

HALF TURN, WALK, WALK, HALF TURN, WALK, WALK, TOUCH, TOUCH

- 1 - 2 Both step forward with right & turn 1/2 left, step in place left

/Man will bring his right arm over the ladies head as they turn left. Man will release his left hand hold, and re-take it after turning. Lady will now be on his left side. Man's right arm behind his back. Man's left arm is across and in front of his partner.

- 3 - 4 Both walk forward right, forward left

/As both walk forward (facing against LOD), the man will drop his right hand hold and retake lady's right hand.

HALF TURN, WALK, WALK, TOE TOUCH SIDE

- 5 - 6 Both step forward with right & turn 1/2 left, step in place.
7 - 10 Both walk forward right, forward left, touch right toe to right side, touch toe together next to left

WALK, WALK, KICK, COASTER STEP

- 1 - 4 Both walk forward right, walk forward left, kick right foot forward, step back on right
5 & 6 Step back left, together with right, forward on left. (coaster step)

TOE TOUCH, STEP, TOE TOUCH, STEP, REPEAT. TOE TOUCH SIDE, TOGETHER.

- 1 - 4 Touch right to right side, step forward right, touch left to left side, step forward left
5 - 8 Touch right to right side, step forward right, touch left to left side, step forward left
9 - 10 Touch right to right side, touch right together with left.

STEP SIDE, TOGETHER. DUCK UNDER, BEHIND. TOE TOUCH, COASTER STEP.

- 1 - 2 MAN: Step right to right, step left together

LADY: Duck under man's right arm as you step back right, left

/Both will use the same foot. Lady will end up behind man. He will release his left hand as she ducks under, and retake left hand after the duck under.

- 3 - 4 Both touch right to right side, step back on right
5 & 6 Step back left, together with right, forward on left. (coaster step)

STEP BACK, SIDE. FORWARD, FORWARD.

- 1 - 2 MAN: Step back right, step left to left side

LADY: Step forward right, step forward left

/Man will release right hand, Lady will walk under his left arm to end up in front of him. Man retakes right hand.

TOE TOUCH, COASTER STEP

- 3 - 4 BOTH: Touch right toe to right side, step back on right.
5 & 6 MAN: Step back left, together with right, touch left together with right

LADY: Step back left, together with right, forward on left

/Man does a "fake" by touching instead of stepping at the end of Coaster step. Lady does her Coaster as usual. Couple is now on opposite feet.

HEEL JACKS

- 1 - 4 MAN: Step side left, touch right heel side, step side right, step left together with right

LADY: Step side right, touch left heel side, step side left, step right together with left

/Couple will go in opposite directions. Man will bring right arm over lady's head. They will look at each other

5 - 8 MAN: Step side right, touch left heel side, step side left, step right together with left
LADY: Step side left, touch right heel side, step side right, step left together with right
/Couple will go in opposite directions. Man will bring left arm over lady's head. They will look at each other, then end up in shadow position.

HIP GRINDS

1 - 4 BOTH: Grind hips from right to left
5 - 8 Grind hips from right to left

MARCH, MARCH. STEP, 1/2 TURN.

1 - 2 MAN: March in place right, left

LADY: Step forward right, 1/2 turn right, step side left

/Couple facing each other, hands crossed

TOE TOUCH, COASTER STEP. MARCH, MARCH. STEP, 1/2 TURN.

3 - 4 BOTH: Touch right toe to right side, step back right
5 & 6 Step back left, together with right, forward on left (coaster step)
7 - 8 MAN: March in place right, left

LADY: Step forward right, 1/2 turn left under left arm, together returning to shadow position.

HIP GRINDS

1 - 4 BOTH: Grind hips from right to left
5 - 8 Grind hips from right to left

MARCH, MARCH. STEP, 1/2 TURN.

1 - 2 MAN: March in place right, left

LADY: Step forward right, 1/2 turn right, step side left

/Couple facing each other, hands crossed

TOE TOUCH, COASTER STEP. MARCH, MARCH. STEP 1/2 TURN.

3 - 4 BOTH: Touch right toe to right side, step back on right
5 & 6 Step back left, together with right, forward on left (coaster)
7 - 8 MAN: March in place right, left

LADY: Step forward right, 1/2 turn left under left arm, together returning to original position (side by side)

REPEAT