
32 counts intro from Heavy Beat

(1 – 8) Big Step Fwd, Drag & Touch, Kick and Touch, Scuff Hitch , Back, Close

- 1 – 2 L Big step fwd, Drag R and touch next to L
3&4& R kick fwd, R step next to L , L touch to L side , L step next to R
5 – 6 Scuff R fwd, Hitch R
7 – 8 Step R back, Step L next to R

(9-16) Fwd Out, Out , Arm Pushes x2, Sailor ½ Turn R, Rock and Cross

- 1 – 2 Step R out fwd and R arm fwd, Step L out fwd and L arm fwd
&3&4 Push Arms fwd twice (you can use your hips if you want)
5 & 6 Step R behind L, ½ Turn R and step L to L side, Step R to R side
7 & 8 Rock L to L side , recover on R, Step L across R (Restart wall 3,6,7 Replace the Cross with a Touch)

(17-24) Side, Behind, Side, Cross, Scuff and Hitch, Hip Bumps with ¼ Turn L with Hitch, Walks x2

- 1 –2& Step R to R side, Step L behind R, Step R to R side
3 – 4 Step L across R, Scuff R Diag R fwd and Hitch (7.30)
5 & 6 Step R to R side and bumps hips R, L , R with ¼ L and Hitch L (3.00)
7 – 8 Step L fwd, Step R fwd

(25-32) Paddle ¾ Turn , Hold, and Cross, Side, Sailor Touch

- 1 – 3 ¼ R and touch L to L side x3 (12.00) You can point fingers up when they sing Top Top
4 Hold
&5-6 Step L next to R, Step R across L , Step L to L side
7 & 8 Step R behind L, Step L next to R, Touch R to R side

(33-40) Diag. R fwd, Cross, Hip Bumps, Diag. L fwd, Cross , Hip Bumps

- 1 – 2 Step R diag. R fwd, Step L across R (2.30)
3 & 4 Touch R to R side and Hip bumps R,L,R (weight ends on R)
5 – 6 Step L Diag L fwd, Step R across L (10.30)
7 & 8 Touch L to L side and Hip bumps L,R,L (weight ends on L)

(42-48) Cross, Back and Cross, ¼ Turn R fwd, ½ Turn R with Toe Strut, ¼ Turn R with Toe Strut

- 1 – 2 Step R across L, Step L back
&3-4 Step R next to L, Step L across R, ¼ Turn R and Step R fwd (3.00)
5 – 6 Step on L toe fwd, ½ Turn R and step down (9.00)
7 – 8 1/4 Turn R and step on R toe, Step R down (12.00)

(49-56) Cross Rock, Recover, Close and Cross, ¼ Turn L fwd, Fwd, Pivot ½ Turn ,Kick Ball Step

- 1 – 2 Rock L across R, Recover on R
&3-4 Step L next to R, Step R across L, ¼ Turn L step L fwd (9.00)
5 - 6 Step R fwd, Pivot ½ Turn L (3.00)
7 & 8 Kick R fwd , Step R down, Step L fwd

(57-64) Fwd, Pivot ½ Turn L , ½ Shuffle Turn, Back, ½ R, Sweep ½ Turn R, Touch

- 1 – 2 Step R fwd, Pivot ½ Turn L (9.00)
3 & 4 Shuffle ½ Turn L with R,L,R (3.00)
5 – 6 Step L back w, ½ Turn R step R fwd (9.00)
7 – 8 Turn on Ball of R ½ Turn R and Sweep L, Touch L next to R (3.00)

Easier Option: count 7 – 8 Step L fwd, ½ Turn R

Tag after Wall 1 & 4**(1 – 4) Rocking chair**

- 1 – 2 Rock L fwd, Recover on R
3 – 4 Rock L back, Recover on R

Restarts :

During wall 3 after count 16 , Replace the Cross with a Touch on 8 with L then restart with wall 4
During wall 6 after count 16 , Replace the Cross with a Touch on 8 with L then restart with wall 7
During wall 7 after count 16 , Replace the Cross with a Touch on 8 with L then restart with wall 8

Ending last wall dance up to count 16 (Rock and Cross) , Cross R over L and make ½ Turn L to face the front wall again.
