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Sailor shuffle left-right-left

11 & 12

Love Potion #9

BEGINNER

1 Walls

Choreographed by: Mare Dodd Choreographed to: Love Potion # 9 by Hanzel Martinez

	INTRO
1 - 2 3 - 4 5 - 6 7 - 8 9 - 16 17 - 24 25 - 26 27 - 28 29 & 30	/Using Cuban motion Step left foot to left side, hold one count Bring right foot together with left foot, hold one count Repeat steps 1-2 Repeat steps 3-4 Repeat steps 1-8 Repeat steps 1-8 Step left foot to left side, hold one count Bring right foot together with left foot, hold one count Step left foot to left side (29), snap head left (&), bring head back to center (30)
	INTRO*
	/This time (almost at the end of the song), repeat steps 1-8 for a total of 32 counts-then add steps above numbered 25-30. This makes the total count for this part 38 counts. Be sure to use lots of hip motion!!
1 & 2 3 - 4 5 & 6 7 - 8 9 - 16	PART A-"OOH-AAH" Shuffle sideways right-left-right Rock back on left foot, recover on right foot Shuffle sideways left-right-left Rock back on right foot, recover on left foot Repeat steps 1-8
1 & 2 3 & 4 5 - 6 7 - 8 9 - 16 17 - 18 19 & 20 21 - 22 23 & 24 25 - 26 27 & 28 29 - 30 31 & 32	PART B-"VERSE" Shuffle forward right-left-right Shuffle forward left-right-left Step forward on right foot, pivot 1/2 turn left, transferring weight to left foot Walk forward right, left (option: turn full turn) Repeat steps 1-8 Rock sideways on right foot, recover on left foot Triple step (cha-cha) in place right-left-right Rock sideways on left foot, recover on right foot Triple step (cha-cha) in place left-right-left Ronde' right (sweep right toe in semi-circle to right as you make a 1/2 turn right) Triple step (cha-cha) in place right-left-right Rock forward on left foot, recover on right foot Triple step (cha-cha) in place left-right-left
	B*
	/The last time you do part Bb, on counts 31&32-stomp left foot, stomp right foot, rather than triple step. This will put you on the correct foot for the last intro*.
	PART C
1 - 2 3 - 4	"SHE BENT DOWN" Stomp right foot forward (knees bent-hands on thighs), hold one count Pivot 1/2 turn left (straighten legs)
5 - 6 7 - 8	"AND GAVE ME A WINK" Push left hip forward & wink (raise left shoulder), bring left hip back to center (lower left shoulder) Repeat steps 5-6
9 & 10	"SHE SAID I'M GONNA MIX IT UP" Sailor shuffle right-left-right

25 - 32	Repeat steps 1-8
17 - 24	Repeat steps 1-8
9 - 16	Repeat steps 1-8
5 - 8	"sassy" walk backwards right, left, turn .25 turn right as you step on right foot, step forward on left foot
3 & 4	Shuffle forward left-right-left
1 & 2	Shuffle forward right-left-right
	PART D-INSTRUMENTAL
31 - 32	Pop head back (as if drinking), bring head back to front
29 - 30	Bump hips to left side, bump hips to right side
27 - 28	Bend left knee in toward right knee (straighten right knee) as you cover your eyes with your left hand
25 - 26	Bend right knee in toward left knee as you pinch you nose with your right hand, hold one count
	"I HELD MY NOSE"
	shoulder width apart
23 & 24	Kick right foot across left foot (23), syncopated (quick step) right, (&) left (24) -ending with feet
17 - 22	Repeat steps 9-14
	"IT SMELLED LIKE TURPENTINE"
15 & 16	Right foot kick-ball-change
13 & 14	Right foot kick-ball-change

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