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Anton, Anton

64 count CW Rotation Polka, 4 wall, intermediate level

Choreographer: Michele Perron And Neil Hale Sep 01 Choreographed to: Anton Aus Tirol, Anton feat by DJ Otzi; In No Time At All by George Ducas; I Didn't Know (Teach) by Shane Stockton

(32 Count Intro. Begin on vocals, "I'm just the best...")

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SEC. I (1-8) - TRIPLES FORWARD R, L; FORWARD, TURN, DIP, TURN
                   RIGHT Triple forward (RIGHT Step forward, LEFT Step together; RIGHT Step forward),
3&4
                   LEFT Triple forward (LEFT Step forward, RIGHT Step together, LEFT Step forward)
5,6
                   RIGHT Step forward; Execute 1/4 Turn L with heel 'pops' (feet are apart)
                   Bend both knees
8
                   Execute 1/4 Turn L with L Toe pull back (L Flex Foot Pos., L heel on floor, knees are straight)
                                      [Weight ends on R]
         (6 o'clock)
SEC. II (9-16) - TRIPLES FORWARD L,R; FORWARD, TURN, DIP, TURN
                   LEFT Triple forward (L,R,L)
1&2
3&4
                   RIGHT Triple forward (R,L,R)
5,6
7
                   LEFT Step forward; Execute 1/4 Turn R with heel 'pops' (feet apart)
                   Bend both knees
8
                   Execute 1/4 Turn R, with R Toe pull back (R Flex Foot Pos., R heel on floor, knees are straight)
                   [Weight ends on L]
         (12 o'clock)
SEC. III (17-24) - TRIPLE FORWARD, SCUFF-HITCH-STEP: REPEAT
1&2
                   RIGHT Triple forward (Right Step forward, Left Step together, Right Step forward)
3&4
                   LEFT Scuff forward, LEFT Knee Hitch with R Scoot forward, LEFT Step forward
5&6
                   RIGHT Triple forward (RIGHT Step forward, LEFT Step together, RIGHT Step forward)
7&8
                   LEFT Scuff forward, LEFT Knee Hitch with R Scoot forward, LEFT Step forward
SEC. IV (25-32) - FORWARD/ROCK, BACK/ROCK, FORWARD, KICK, STEP, TURN/HITCH
                   RIGHT Step forward; LEFT Rock/Step back
1.2
3,4
                   RIGHT Step back; LEFT Rock/Step forward
5,6
                   RIGHT Step forward; LEFT Low Kick forward (bend R knee)
                   LEFT Step back; Execute 1/4 Turn R with R Knee Hitch
7,8
         (3 o'clock)
SEC.V (33-40) - TRIPLE SIDE, CROSS/ROCK, TRIPLE SIDE, ,PIVOT TURN
1&2
                   RIGHT Triple to side R (R,L,R)
                   LEFT Cross Step in front of R; RIGHT Rock/Step back
3.4
                   LEFT Triple to side L with 1/4 Turn L
5&6
7.8
                   RIGHT Step forward; Execute 1/2 Turn L, weight on L
         (6 o'clock)
SEC.VI (41-48) - TOUCH, TOUCH, BEHIND, UNWIND, CROSS/SIDE, CROSS/SIDE, CROSS, SIDE 1,2 RIGHT Touch Forward; RIGHT Touch to side R
                   RIGHT Cross behind L; Unwind 1/2 Turn R with R Heel drop and L Heel pop up (weight on R)
3,4
                   (On the next four counts, execute 1/2 Turn R)
5&
                   LEFT Cross Step in front of R, RIGHT Step to side R
6&
                   LEFT Cross Step in front of R, RIGHT Step to side R
7,8
                   LEFT Cross Step in front of R, RIGHT Step to side R (You have completed 1/2 Turn R)
         (6 o'clock)
SEC.VII (49-56) - CROSS, ROCK, SIDE, CROSS, ROCK, FORWARD, FORWARD, TURN
1,2
                   LEFT Cross/Step in front of R; RIGHT Recover/Step back
                   LEFT Step to side L: RIGHT Cross/Step in front of L
3.4
                   LEFT Recover/Step back; Execute 1/4 Turn R and RIGHT Step forward
5.6
                   (9 o'clock)
7,8
                   LEFT Step forward; Execute 1/2 Turn R, weight ends R
          (3 o'clock)
SEC.VIII (57-64) - FORWARD/ROCK, BACK/ROCK, FORWARD/ROCK, COASTER STEP
1,2
                   LEFT Step forward; RIGHT Recover/Step back
3,4
                   LEFT Step back; RIGHT Recover/Step forward
                   LEFT Step forward: RIGHT Recover/Step back
5.6
7&8
                   LEFT Step back, RIGHT Step beside L, LEFT Step forward
BEGIN AGAIN
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