

## Love Lifted Me

60 Count, 4 Wall, Intermediate

Choreographer: Theresa Needham (UK) Dec 2009  
Choreographed to: Love Lifted Me by Kenny Rogers,  
CD: Very Best Of (107 bpm); The Last Great  
Romantic by Tania Kernaghan, CD: Living The Dream  
(105 bpm); When I Need You by Leo Sayer, CD:  
Endless Journey (110 bpm)

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### 12 Count intro

#### **TWINKLES L. & R. WALTZ FORWARD 1/8 TURN R. WALTZ BACK 1/8 TURN R.**

- 1-2-3 (Moving forwards) cross L over R, step R to R side, step L in place  
4-5-6 Cross R over L, step L to L side, step R in place  
7-8-9 Making 1/8 turn R, waltz forward  
10-12 Making 1/8 turn R, waltz back

#### **WALTZ FORWARD 1/8 TURN R, WALTZ BACK 1/8 TURN R, TWINKLES L. & R.**

- 1-2-3 Making 1/8 turn R, waltz forward  
4-5-6 Making 1/8 turn R, waltz back  
7-8-9 Cross L. over R. step R. to R. side step L. in place  
10-12 Cross R. over L. step L. to L. side, step R. in place

#### **STEP, SWEEP ½ TURN L, HITCH, STEP LOCK STEP R & L, FORWARD ROCK RECOVER STEP BACK**

- 1-2-3 Stepping forward on L, sweep ½ turn L, hitch R  
4-5-6 Step forward on R, lock L, behind R, step forward on R.  
7-8-9 Step forward on L, lock R, behind L, step forward on L  
10-12 Rock forward on R, recover onto L, step back on R

#### **STEP BACK L, HEEL TAPS X2, STEP BACK R, HEEL TAPS X2, ½ TURN L, WALTZ BACK**

- 1-2-3 Step back on L, tap R, heel forward twice  
4-5-6 Step back on R, tap L, heel forward twice  
7-8-9 Step forward on L, making ½ turn L, step back on R, step L in place  
10-12 Step back on R, step L beside R, step R, in place

#### **STEP BACK ON L, HEEL TAPS X2, STEP BACK ON R, HEEL TAPS X2, STEP ¼ TURN L, FORWARD FULL TURN R,**

- 1-2-3 Step back on L, tap R, heel forward twice  
4-5-6 Step back on R, tap L, heel forward twice  
7-8-9 Step forward on L making ¼ turn L, step R beside L, Step L in place  
10-12 Forward full turn R

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