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Love Is The Foundation

64 Count, 4 Wall, Intermediate

Choreographer: Vera Kuiper (NL) Dec 2012

Choreographed to: Love Is The Foundation by Heidi Hauge

Start on vocal

1 Side rock, Cross & Cross, Side rock, Behind 1/4 turn right, Step.

1 RF rock to the side
2 Rock back on LF
3 RF cross over LF
& LF step to the side
4 RF cross over LF
5 LF rock to the side
6 Rock back on RF
7 LF cross behind RF
& RF 1/4 turn right step forward
8 LF step forward

2 Rock step, Sweep, Sweep, Back rock, Shuffle.

1 RF rock forward
2 Rock back on LF
3 RF sweep backwards step backwards
4 LF sweep backwards step backwards
5 RF rock backwards
6 Rock back on LF
7 RF step forward
& LF step next to RF
8 RF step forward

3 Pivot 1/2 turn right, Shuffle turn, Back rock, Pivot 1/4 turn left.

1 LF step forward
2 LF + RF 1/2 turn right
3 LF 1/4 turn right step to the side
& RF step next to LF
4 LF 1/4 turn right step forward
5 RF rock backwards
6 Rock back LF
7 RF step forward
8 RF + LF 1/4 turn left

4 Cross & Cross, 1/4 turn right, 1/4 turn right, Cross & Cross, side rock.

1 RF cross over LF
& LF step to the side
2 RF cross over LF
3 LF 1/4 turn right step backwards
4 RF 1/4 turn right step to the side
5 LF cross over RF
& RF step to the side
6 LF cross over RF
7 RF rock to the side
8 Rock back on LF

5 Rock step, Triple step 3/4 turn right, Rock step, Triple step 1/2 turn left.

1 RF rock forward
2 Rock back on LF
3 RF step in place 1/4 turn right
& LF step in place 1/4 turn right
4 RF step in place 1/4 turn right
5 LF rock forward
6 Rock back on RF
7 LF step in place 1/4 turn left
& RF step next to LF
8 LF step in place 1/4 turn left

6 Prissy step, Prissy step, Rock step, Coaster step, Pivot 1/2 turn right.

- 1 RF Cross over LF
- 2 LF cross over RF
- 3 RF rock forward
- 4 Rock back on LF
- 5 RF step backwards
- & LF step next to RF
- 6 RF step forward
- 7 LF step forward
- 8 LF + RF 1/2 turn right

7 Shuffle turn right, Back rock, Side step together, Shuffle.

- 1 LF 1/4 turn right step to the side
- & RF step next to LF
- 2 LF step 1/4 turn right step forward
- 3 RF rock backwards
- 4 Rock back on :F
- 5 RF step to the side
- 6 LF step next to RF
- 7 RF step forward
- & LF step next to RF
- 8 RF step forward

8 Side step together, Shuffle, Back rock, Prissy walk, Prissy walk.

- 1 LF step to the side
- 2 RF step next to Rf
- 3 LF step backwards
- & RF step next to LF
- 4 LF step backwards
- 5 RF rock backwards
- 6 Rock back on LF
- 7 RF cross over LF
- 8 LF cross over RF

TAG: After wall 2 Side rock cross & cross 2x

- 1 RF rock to the side
 - 2 Rock back on LF
 - 3 RF cross over LF
 - & LF step to the side
 - 4 RF cross over LF
 - 5 LF rock to the side
 - 6 Rock back on RF
 - 7 LF cross over RF
 - & RF step to the side
 - 8 LF cross over RF
- And start again

Ending: Dance wall 4 till count 6 and make 1/4 turn right, 1/2 turn right, step forward