



Approved by:

Vivienne S.

Love In One Shot

4 WALL – 64 COUNTS – IMPROVER

| STEPS | ACTUAL FOOTWORK | CALLING SUGGESTION | DIRECTION |
|---|---|--|---|
| Section 1 1 – 4 5 – 6 7 – 8 | Jazz Box, Scuff, Jazz Box 1/4 Turn, Scuff Cross right over left. Step left back. Step right to right side. Scuff left beside right. Cross left over right. Turn 1/4 left and step right back. Step left to left side. Scuff right beside left. | Jazz Box Scuff Cross Turn Step Scuff | On the spot Turning left Left |
| Section 2 1 – 2 3 – 4 5 – 8 | Weave, Kick, Behind, 1/4 Turn, Step, Hold Cross right over left. Step left to left side. Cross right behind left. Kick left to left diagonal. Step left behind right. Turn 1/4 right and step right forward. Step left forward. Hold. | Cross Side Behind Kick Behind Turn Step Hold | Left Turning right |
| Section 3 1 – 4 5 – 8 | Rocking Chair, Side Rock, Cross, Hold Rock right forward. Recover onto left. Rock right back. Recover onto left. Rock right to right side. Recover onto left. Cross right over left. Hold. | Rocking Chair Side Rock Cross Hold | On the spot |
| Section 4 1 – 2 3 – 4 5 – 6 7 – 8 Option | 1/2 Turn, Step, Hold, Lock Step Forward, Hold Turn 1/4 right and step left back. Turn 1/4 right and step right forward, Step left forward. Hold. Step right forward. Lock left behind right. Step right forward. Hold. Counts 5 - 8: Replace lock step with triple full turn left (travelling forward) | Turn Turn Step Hold Step Lock Step Hold | Turning right Forward |
| Section 5 1 – 4 5 – 6 7 – 8 | Mambo 1/2 Turn, Heel Hook, Heel Hitch Rock forward on left. Rock back on right. Turn 1/2 left and step left forward. Hold. Touch right heel forward. Hook right in front of left. Touch right heel forward. Hitch right knee. | Mambo Half Turn Heel Hook Heel Hitch | Turning left On the spot |
| Section 6 1 – 4 5 – 8 | Coaster Step, Hold, Side Rock, Toe Strut Step right back. Step left beside right. Step right forward. Hold. Rock left to left side. Recover onto right. Step left toe forward. Drop left heel. | Coaster Step Hold Side Rock Toe Strut | On the spot Forward |
| Section 7 1 – 2 3 – 4 5 – 8 | Toe Touch, Heel Touch, Cross, Hold, Coaster 1/4 Turn, Hold Touch right toe to left instep. Touch right heel to left instep. Cross right over left. Hold. Turn 1/4 right and step left back. Step right beside left. Step left forward. Hold. | Toe Heel Cross Hold Coaster Turn Hold | On the spot Forward Turning right |
| Section 8 1 – 4 5 – 6 7 – 8 | Forward Coaster 1/2 Turn, Hold, Half Rumba Box With Sweep Step right forward. Turn 1/2 left and step left beside right. Step right forward. Hold. Step left to left side. Step right beside left. Step left forward. Sweep right to right side. | Coaster Turn Hold Side Together Step Sweep | Turning left Left Forward |

Choreographed by: Vivienne Scott and Fred Buckley (CA) May 2010

Choreographed to: 'Love In One Shot' by The Higgins from CD Real Thing; available as free download from linedancermagazine.com (16 count intro)



A video clip of this dance is available at www.linedancermagazine.com