

## Love From Hilary

32 count, 2 wall, advanced level

Choreographer: Michael Lynn (UK) April 2007

Choreographed to: With Love by Hilary Duff, Album:  
Dignity or CD single (90 bpm)

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16 count intro

### CHASSE RIGHT, STEP HOLD, STEP PIVOT ¼ LEFT, HOLD CROSS SIDE

- 1&2 Step right to right side, close left beside right, step right to right side,  
3-4 Step forward left, hold for count 4,  
5-6 Step forward right, pivot ¼ left – transferring weight to left,  
7&8 Hold for count 7, cross right over left, step left to left side.

### CROSS HOLD, SIDE ROCK RECOVER & HEEL CROSS, SHRUG, HEAD, STEP, SHRUG

- 1-2 Cross right behind left, hold for count 2,  
3&4 Rock right to right side, recover weight onto left, cross right heel over left,  
5-6 Shrug shoulders up, with sharp head turn look to left (9 o'clock),  
7&8 Step forward left, shrug shoulders up & down.

### TWIST, TWIST, CROSS, SIDE, HEEL DIG, FULL SIDE TRIPLE TURN, PADDLE 1/4 TURNS LEFT

- 1-2 Twist heels out, twist heels in,  
3&4 Cross left behind right, step right in place, dig left to left diagonal (travelling left),  
5&6 Triple step full turn left, stepping - left, right, left (travelling left to face same wall),  
&7 Hitch right knee across left, make 1/4 turn left pointing right toe to right side,  
&8 Hitch right knee across left, make 1/4 turn left pointing right toe to right diagonal  
(transfer weight to right).

### ATTITUDE KNEE POPS & FUNKY SHOULDERS/ARMS, TOUCH, SLIDE, STEP SWIVELS

- 1& Pop right knee in bringing right shoulder & right arm in,  
step right back bringing right shoulder & right arm out,  
2& Pop left knee bringing left shoulder & left arm in,  
step left foot back bringing left shoulder & left arm out,  
3& Pop right knee in bringing right shoulder & right arm in,  
pop right knee out bringing right shoulder & right arm out,  
4 Pop right knee in bringing right shoulder & right arm in,  
5-6 Take a large step with left ¼ right, as you slide right beside left push right arm to right side,  
&7&8 Step right foot forward, swivel both heels forward (body facing 9:00),  
swivel both heels back in place, swivel both heels forward with weight ended on left.

**TAG** (after wall 7)

### WALKAROUND TURN

- 1-4 Make a full turn left walking round right, left, right, left.

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