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- 1 Mambo Right, Mambo Left, Rock Back, Recover, Right Shuffle Forward**
1 & 2 Rock out Right on Right, Recover onto Left, Step Right next to Left
3 & 4 Rock out Left on Left, Recover onto Right, Step Left next to Right
5, 6 Rock Back on Right, Recover onto Left
7 & 8 Step Right Forward, Step Left next to Right, Step Right Forward
- 2 Left Shuffle Forward, Rock Forward, Recover, Right Shuffle Back, Rock Back, Recover**
9 & 10 Step Left Forward, Step Right next to Left, Step Left Forward
11, 12 Rock Forward on Right, Recover onto Left
13 & 14 Step Right Back, Step Left next to Right, Step Right Back
15, 16 Rock Back on Left, Recover onto Right
- 3 Mambo Left, Mambo Right, Left Mambo Back, Right Shuffle Forward**
17 & 18 Rock out left on Left, Recover onto Right, Step Left next to Right
19 & 20 Rock out Right to Right, Recover onto Left, Step Right next to Left
21 & 22 Rock Back Left, Recover onto Right, Step Left next to Right
23 & 24 Step Right Forward, Step Left next to Right, Step Right Forward
- 4 Left Shuffle Forward, Rock Forward, Recover, Right Shuffle Back, Coaster Step**
25 & 26 Step Left Forward, Step Right next to Left, Step Left Forward
27, 28 Rock Forward on Right, Recover onto Left
29 & 30 Step Right Back, Step Left next to Right, Step Right Back
31 & 32 Step Left Back, Step Right next to Left, Step Left Forward
- 5 Step Right, Touch, Hold, Step Left , Touch, Hold**
33, 34 Step Right to Right over two beats
35, 36 Touch Left next to Right, Hold
37, 38 Step Left to Left over two beats
39, 40 Touch Right next to Left, Hold
- 6 Heel Switches, Diagonal Hip Bumps**
41 & 42 Touch Right Heel Forward, Step Right next to Left, Touch Left Heel Forward
& 43 Step Left next to Right, Touch Right Heel Forward
& 44 Step Right next to Left, Step Left Forward
45, 46 Left Hip Bump Forward, Right Hip Bump Back (Option note 1)
47 & 48 Left Hip Bump Forward, Right Hip Bump Back, Left Hip Bump Forward
- 7 Right & Left Shuffles Forward, Rock Forward, Recover, Right Shuffle Back**
49 & 50 Step Right Forward, Step Left next to Right, Step Right Forward
51 & 52 Step Left Forward, Step Right next to Left, Step Left Forward
53, 54 Rock Forward on Right, Recover onto Left
55 & 56 Step Right Back, Step Left next to Right, Step Right Back
- 8 Left Shuffle Back, Coaster Step, Left Forward, Touch, 1/4 Left Paddle Turn**
57 & 58 Step Left Back, Step Right next to Left, Step Left Back
59 & 60 Step Right Back, Step Left next to Right, Step Right Forward
61, 62 Step Left Forward, Step Right next to Left
63, 64 Rock Right forward turning 1/4 turn Left, Recover onto Left
- 9 1/4 Left Paddle Turns, Hip Sways**
65, 66 Rock Right Forward turning 1/4 turn Left, Recover onto Left
67, 68 Rock Right Forward turning 1/4 turn left, Recover onto Left
69, 70 Sway Right hip to Right, Sway Left Hip to left
- Dance Sequence three times, then "Ending"**
- Ending Hip Sways, Cross Unwind 3/4 turn Left over six beats**

- 1, 2 Sway Right Hip to Right, Sway Left Hip to Left
3, 4 Cross Right over Left, Hold
10 Unwind 3/4 turn Left, very slowly, over six beats (Option note 2)
10

Notes: The sequence is 70 beats long, and each sequence turns the dancer 3/4 turn Left. The ending turns the dancer a final 3/4 turn to the Left, to finish on the Front Wall

Option Notes

- 1) At steps 45 to 48 in the third sequence, the music goes instrumental, and has a series of drum beats; the hip bumps can be made staccato this time
2) As the music ends, on the long turn, raise your arms and drop them on the last beat.

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