



11th - 13th  
**February 2005**  
Floral Hall & Theatre Complex  
Southport

Script approved by

*Liz Clarke*

# Lost My Heart



STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 & 2 3 - 4 5 & 6 7 - 8	<b>Right Chasse, Back Rock, Left Chasse, Back Rock.</b> Step right to right side. Close left beside right. Step right to right side. Rock back on left. Recover onto right. Step left to left side. Close right beside left. Step left to left side. Rock back on right. Recover onto left.	Side Close Side Back Rock Side Close Side Back Rock	Right On the spot Left On the spot
<b>Section 2</b> 1 - 2 & 3 - 4 5 - 6 & 7 & 8	<b>Step, Kick Ball Change, Step, Rock Step, Heel Switches.</b> Step right forward. Kick left forward. Step ball of left back. Step right in place. Step left forward. Rock right forward. Recover onto left. Step right beside left. Touch left heel forward. Step left beside right. Touch right heel forward.	Step Kick Ball Change Step Rock Step & Heel & Heel	Forward  On the spot
<b>Section 3</b> & 1 - 2 3 - 4 & 5 - 6 7 & 8	<b>&amp; Toe, Heel, Toe, Kick, &amp; Cross, Unwind 1/2 Turn, Coaster Step.</b> Step right beside left. Touch left toe to right instep. Touch left heel to right instep. Touch left toe to right instep. Kick left forward diagonally left. Step left beside right. Cross right over left. Unwind 1/2 left keeping weight right. Step left back. Step right beside left. Step left forward.	& Toe Heel Toe Kick & Cross Unwind Coaster Step	On the spot  Turning left On the spot
<b>Section 4</b> 1 - 2 3 & 4 5 - 6 7 & 8	<b>Step 1/4 Pivot, Cross Shuffle, Side Rock, Behind 1/4 Turn Step.</b> Step right forward. Pivot 1/4 turn left. Cross right over left. Step left to left side. Cross right over left. Rock left to left side. Recover onto right. Cross left behind right. Step right 1/4 turn right. Step left beside right.	Step Turn Cross Shuffle Side Rock Behind Turn Step	Turning left Left On the spot Turning right
<b>Section 5</b> 1 - 2 & 3 & 4 5 - 6 7 & 8	<b>Side Step, Hold, Syncopated Side Steps, Rock Step, 1/4 Turn Shuffle.</b> Step right to right side. Hold. Step left beside right. Step right to right side. Step left beside right. Step right to right side. Rock left forward. Recover onto right. Step left 1/4 turn left. Step right beside left. Step left forward.	Side Hold & Side & Side Rock Step Turn Shuffle	Right  On the spot Turning left
<b>Section 6</b> 1 - 2 3 & 4 5 & 6 & 7 & 8	<b>Rock Step, Triple 3/4 Turn, Heel &amp; Touch, 1/4 Turn Heel &amp; Touch.</b> Rock right forward. Recover onto left. Triple 3/4 turn right stepping Right, Left, Right. Touch left heel forward. Step left beside right. Touch right toe beside left. Turn 1/4 left stepping right back. Touch left heel forward. Step left beside right. Touch right toe beside left.	Rock Step Triple Turn Heel & Touch & Heel & Touch	On the spot Turning right On the spot Turning left On the spot
<b>Section 7</b> 1 2 3 4 5 - 8	<b>Step, Swing 1/2 Turn &amp; Click, Step, Swing 1/2 Turn &amp; Click, Walk Around 3/4 Turn Right.</b> Step right forward. Swing 1/2 left keeping weight right, touching left forward, clicking fingers. Step left forward. Swing 1/2 right keeping weight left, touching right forward, clicking fingers. Walk around 3/4 turn right stepping Right, Left, Right, Left.	Step Click Step Click Right Left Right Left	Forward Turning left Forward Turning right
<b>Section 8</b> 1 - 2 3 & 4 5 - 6 7 - 8	<b>Step 1/2 Pivot, Forward Shuffle, Jazz Box 1/2 Turn, Touch.</b> Step right forward. Pivot 1/2 turn left. Step right forward. Step left beside right. Step right forward. Cross left over right. Step right back. Turn 1/2 left stepping left forward. Touch right beside left.	Step Pivot Shuffle Step Cross Back Turn Touch	Turning left Forward Back Turning left

**2 Wall Line Dance:-** 64 Counts. Intermediate.

**Choreographed by:-** Liz Clarke (UK) January 2005.

**Choreographed to:-** 'Lost My Heart In Oklahoma' (132 bpm) by Kevin Fowler from 'One For The Road' CD, 16 count intro.

Feel the Magic of the Awards!