

Lost Moments

32 count, 1 wall, improver level

Choreographer: Moses Bourassa Jr. & Barbara
Frechette (USA) May 2007

Choreographed to: Moments by Brushwood; Wrapped
by George Strait; How I Feel by Martina McBride;
Where You Gonna Go by Toby Keith

Start dance 4 beats just before Vocals

Side Steps, Side Shuffles, Cross Rock Step, Recover Step

- 1-2 step left to left side, step right next to left
- 3&4 step left to left side, step quickly with right next to left, step left to left side
- 5-6 cross right in front of left, recover on left
- 7&8 step right to right side, step quickly with left next to right, step right to right side

Syncopated Weave with 1/4 CCW Turn

- 1-2 cross left in front of right, step right to right side
- 3-4 step left behind right, step right to right side
- 5-6 cross left in front of right, recover on right
- 7&8 step left making 1/4 CCW Turn, step quickly with right next to left, step forward on left

Forward Step, Lock Step, 1/2 CW Turn, Step-Lock-Steps

- 1-2 step right forward, lock left behind right
- 3&4 step right forward, lock left behind right, step forward on left
- 5-6 step forward on left, step right making 1/2 CW Turn
- 7&8 step forward on left, lock right behind right, step forward on left

Forward Step, 1/2 CCW Turns, 1/4 CCW Turn, Cross Shuffle.

- 1-2 step forward on right, step left making 1/2 CCW Turn
 - 3-4 step forward on right, step left making 1/2 CCW Turn
 - 5-6 step forward on right, step left making 1/4 CCW Turn
 - 7&8 cross right over left, step left quickly to left side, cross right over left
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