

Lost In The Shuffle

BEGINNER

62 Count

Choreographed by: Kelly Hinds

Choreographed to: Lost In The Shuffle by Michael Peterson

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- 1 - 2 Rock forward onto left, rock back onto right
3 - 4 Repeat last 2 beats
5 & 6 Shuffle forward, right-left-right
7 - 8 Rock forward onto right, rock back onto left
9 & 10 Turn 3/4 to the right on the spot stepping right-left-right
11 - 12 Step to left on left, pivot 1/2 to the right on ball of left foot, step to right on right
13 - 16 2 right hip bumps, 2 left hip bumps
17 - 18 Hip grind in a circle to the left from right to left while heels are raised
19 - 20 2 right bumps
21 - 24 Rolling vine left with an extra 1/4 turn to the left scuffing right forward on 4th beat
25 - 28 Shuffle forward right-left-right, shuffle forward left-right-left
29 - 30 Scuff right forward, hitch right knee up
31 - 32 Step right toe across left foot, bring right heel down taking weight
33 - 36 Touch left toe to side & slightly forward, tap left heel 3 times
37 - 40 Swivel to the left, heels, toes, heels, toes
41 - 44 Rolling vine right touching left toe beside right on the 4th beat
45 & 46 Left 45, touch left beside right, jump right over left
47 - 50 Repeat last 2 beats twice
51 - 52 Unwind 3/4 to the left
53 & 54 Shuffle to the right stepping right-left-right
55 - 56 Rock left behind right, rock forward onto right
57 & 58 Shuffle to the left stepping left-right-left
59 - 60 Rock right behind left, rock forward onto left
61 & 62 Shuffle forward right-left-right

REPEAT