



Approved by:

Losing Your Sanity

2 WALL – 64 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 – 4 5 & 6 7 – 8	Step, 1/2 Turn, Back Rock, Forward Shuffle, Step, 1/2 Turn Step left forward. Keeping weight on left turn 1/2 right on left. (6:00) Rock back on right. Recover onto left. Step right forward. Close left beside right. Step right forward. Step left forward. Turn 1/2 left stepping back on right. (12:00)	Step Half Back Rock Right Shuffle Step Half	Turning right On the spot Forward Turning left
Section 2 1 – 4 5 – 6 7 & 8 Restart 1	Back Rock, Side Rock, Back, Kick, Coaster step Rock back on left. Recover onto right. Rock left to left side. Recover onto right. Step left back. Kick right forward. Step right back. Step left beside right. Step right forward. Wall 3: Start dance again from the beginning (facing front wall)	Back Rock Side Rock Back Kick Coaster Step	On the spot
Section 3 1 – 4 5 – 6 7 – 8	Jazz Box Cross, 1/4 Turn, 1/2 Turn, Step, Pivot 1/4 Cross left over right. Step right back. Step left to left side. Cross right over left. Turn 1/4 right stepping left back. Turn 1/2 right stepping right forward. (9:00) Step left forward. Pivot 1/4 turn right. (12:00)	Jazz Box Cross Quarter Half Step Pivot	On the spot Turning right
Section 4 1 – 2 3 & 4 5 – 6 7 – 8 Option	Cross, 1/4 Turn, Back Shuffle, Back Rock, Full Turn Cross left over right. Turn 1/4 left stepping right back. (9:00) Step left back. Close right beside left. Step left back. Rock back on right. Recover onto left. Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward. (9:00) Counts 7-8: Walk forward right. Walk forward left.	Cross Quarter Shuffle Back Back Rock Full Turn	Turning left Back On the spot Turning left
Section 5 1 – 2 3 – 4 5 – 6 7 & 8	Step, Pivot 1/4, Step, Kick, Back, Touch, Forward Shuffle Step right forward. Pivot 1/4 turn left. (6:00) Step right forward on left diagonal. Kick left forward. (4:30) Step left back. Touch right toe back. (4:30) Step right forward. Close left beside right. Step right forward. (4:30)	Step Pivot Step Kick Back Touch Right Shuffle	Turning left Forward Back Forward
Section 6 1 – 2 3 – 4 5 – 6 7 – 8 Option Restart 2	Cross, Back, Side, Touch, Rolling 1&1/4 Turn Cross left over right. Step right back, squaring up to 3 o'clock wall. (3:00) Step left to left side. Touch right beside left. Turn 1/4 right stepping right forward. Turn 1/2 right stepping left back. (12:00) Turn 1/2 right stepping right forward. Step left forward. (6:00) Counts 5-8: Step right to side. Step left behind. Step right forward 1/4 turn. Step left forward. Wall 6: Dance to count 7. Hold on count 8 then restart dance (facing back wall).	Cross Back Side Touch Quarter Half Half Step	Back Left Turning right
Section 7 1 – 2 3 – 4 5 – 8	Forward Toe Strut x 2, Step Pivot 1/2 x 2 Step right toe forward. Drop right heel taking weight. Step left toe forward. Drop left heel taking weight. Step right forward. Pivot 1/2 turn left. Step right forward. Pivot 1/2 turn left. (6:00)	Right Strut Left Strut Step Pivot Step Pivot	Forward Turning left
Section 8 1 – 2 3 – 4 5 – 6 7 – 8	Modified Monterey 1/2 Turn, 1/4 Kick Turn, Cross, Back, 1/4 Turn, Step Point right to right side. Turn 1/2 right stepping right beside left. (12:00) Point left to left side. Turn 1/4 left kicking left forward. (9:00) Cross left over right. Step right back. Turn 1/4 left stepping left forward. Step right forward. (6:00)	Point Turn Quarter Kick Cross Back Quarter Step	Turning right Turning left Back Turning left

Choreographed by: Rep Ghazali-Meaney (UK) November 2012

Choreographed to: 'Tonight' by Kate Alexa (138 bpm); **FREE** download version by Glenn Rogers available from www.linedancermagazine.com for Linedancer subscribers (16 count intro - start on vocals)

Restarts: Two Restarts, one during Wall 3 and one during Wall 6



A video clip of this dance is available at www.linedancermagazine.com