

## Losing My Mind

64 count, 4 wall, intermediate level

Choreographer: Chris Hodgson (UK) March 2005  
Choreographed to: Foolish by Tyler James from single  
(128 bpm)

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Start on vocals

### **1-8 KICK-BALL-POINT / CROSS-1/2 UNWIND / COASTER STEP / BRUSH-STEP**

1&2 Kick Right forward, Step in place on Right, Point Left toe to Left side  
3-4 Cross Left over Right, Unwind 1/2 turn Right (weight on Left)  
5&6 Step back on Right, Step Left next to Right, Step forward on Right  
7-8 Brush Left forward, Step Left forward (6 o'clock)

### **9-16 KICK-BALL-POINT / CROSS-3/4 UNWIND / COASTER STEP / BRUSH-TOUCH**

1&2 Kick Right forward, Step in place on Right, Point Left toe to Left side  
3-5 Cross Left over Right, Unwind 3/4 turn Right (weight on Left)  
5&6 Step back on Right, Step Left next to Right, Step forward on Right  
7-8 Brush Left forward, Touch Left toe forward (3 o'clock)

### **17-24 HIP CIRCLE / TOG-WALK-WALK / 1/4 SWEEP-CROSS / & CROSS-SIDE**

1-2 Roll Hips in a circle to Left over 2 counts (keep weight on Right)  
&3-4 Step Left next to Right, Step forward on Right, Step forward on Left  
5-6 Sweep Right around to front making 1/4 turn Left, Cross step Right over Left  
&7-8 Small step Left to Left side, Cross Right over Left, Step Left to Left side (12 o'clock)

### **25-32 SIDE ROCK / CHASSE / CROSS ROCK / & STEP-1/2 TURN**

1-2 Step Right to Right side, Rock weight onto Left  
3&4 Step Right to Right side, Step Left next to Right, Step Right to Right side  
5-6 Cross Left over Right, Rock weight back onto Right  
&7-8 Step Left next to Right, Step forward on Right, Pivot 1/2 turn Left (6 o'clock)

### **33-40 SIDE-HOLD / CROSS-HOLD / SIDE-SLIDE / & CROSS-1/2 TURN**

1-2 Step Right to Right side, Hold one count  
3-4 Cross step Left over Right, Hold one count  
5-6 Step Right large step to Right side, Slide Left to touch next to Right  
&7-8 Step Left next to Right, Cross step Right over Left, Step Left to Left side making 1/2 turn Right  
(hinge) (12 o'clock)

### **41-48 CHASSE / CROSS ROCK / CHASSE-1/4 TURN / STEP-1/2 TURN**

1&2 Step Right to Right side, Step Left next to Right, Step Right to Right side  
3-4 Cross step Left over Right, Rock weight back onto Right  
5&6 Step Left to Left side, Step Right next to Left, Step Left 1/4 turn Left  
7-8 Step forward on Right, Pivot 1/2 turn Left (3 o'clock)

### **49-56 CROSS-BACK-&-CROSS-POINT / CROSS-POINT x 2**

1-2 Cross Right over Left, Step back on Left  
&3-4 Small step Right next to Left, Cross Left over Right, Point Right toe to Right side  
5-6 Cross Right over Left, Point Left toe to Left side  
7-8 Cross Left over Right, Point Right toe to Right side (3 o'clock)

### **57-64 REVERSE SAILOR STEP X 2 (travel back) / BACK ROCK / STEP-1/2 TURN**

1&2 Step Right behind Left, Step Left to Left side, Step Right to Right side  
3&4 Step Left behind Right, Step Right to Right side, Step Left to Left side  
5-6 Step back on Right, Rock weight forward onto Left  
7-8 Step forward on Right, Pivot 1/2 turn Left ... (9 o'clock)

BEGIN AGAIN