Losin' It
BEGINNER
32 Count
Choreographed by: Scott Lanius
Choreographed to: Guys Do It
All The Time by Mindy McCready

STEP, TOUCH-CLAP, TURN, TRIPLE-STEP, CROSS-UNWIND

1	Step left foot to left
2	Tap right toe next to left foot and clap
3	(Weight on left) pivot 1/2 turn to left and step down on right foot (to right)
4	Tap left toe next to right foot and clap
5	Step left foot to left (begin triple step to left)
&	Slide right foot to left & put weight on right foot
6	Step left foot to left
7	Cross right foot over left
8	Unwind 1/2 turn to left (end with weight on left foot)

DOUBLE KICKS AND COASTER STEP (RIGHT AND LEFT)

1	Kick right foot forward
2	Kick right foot forward
3	Step back on right foot (begin coaster step)
&	Step left foot next to right foot
4	Step forward on right foot
5	Kick left foot forward
6	Kick left foot forward
7	Step back on left foot (begin coaster step)
&	Step right foot next to left foot
8	Step forward on left foot

PIVOT TURN, POLKA FORWARD, HIP BUMPS

1	Step forward on right foot
2	Pivot on right foot 1/2 turn to left (keep weight on right foot)
3	Step forward on left foot (begin polka step)
&	Step right foot next to left foot
4	Step forward on left foot
5	Step forward on right foot (bump right hip forward)
&	Bump right hip back
6	Bump right hip forward
7	Step forward on left foot (bump left hip forward)
&	Bump left hip back
8	Bump left hip forward

REVERSE FIRST 8 COUNTS

1	Step right foot to right
2	Tap left toe next to right foot and clap
3	(Weight on right) pivot 1/2 turn to right and step down on left foot (to left)
4	Tap right toe next to left foot and clap
5	Step right foot to right (begin triple step to right)
&	Slide left foot to right & put weight on left foot
6	Step right foot to right
7	Cross left foot over right
8	Unwind 1/2 turn to right (end with weight on right foot)

REPEAT