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## Lose Some Sleep (Waltz)

24 count, 4 wall, beginner level

Choreographer: Glynn Rodgers (AppleJack)  
(UK) Oct 04

Choreographed to: Let's Lose Some Sleep Tonight By  
Aaron Watson

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### 1-6: Cross Twinkles.

1-3: Cross left over right, step right to right side, step left to place.

4-6: Cross right over left, step left to left side, step right to place.

### 7-12: Basic Forward, Back, Point, Hold.

1-3: Step forward left, close right to left, close left to right.

4-6: Step back right, point left to left side, hold.

### 13-18: Weave, Points.

1-3: Cross left over right, step right to right side, step left behind right.

4-6: Point right toe to right side, forward, right side.

### 19-24: Jazz Box Turn, Rock, Point.

1-3: Cross right over left, step back left turning  $\frac{1}{4}$  right, step right to right side.

4-6: Rock forward left, recover weight onto right, point left to left side.

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