

Lose My Mind

INTERMEDIATE

64 Count 4 Walls

Choreographed to: Lose My Mind by The Wanted

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SECTION 1 1 - 2 3 - 4 5 - 6 7 & 8	Cross, Side, Behind, Point R to Side. Cross R Turn 1/4 R, Back L, R Back Shuffle. Cross Left, Side Right Step Left Behind Right, Point Right to the Side. Cross Right, Turn 1/4 Right, Stepping Back on the Left. (3.00) Right Back Shuffle.
SECTION 2 1 - 2 3 - 4 5 - 6 7 - 8	Back Rock L, Full Turn R, Cross Point, Cross Point to the Side (3.00) Back Rock Left, Recover on to R. Full Turn Right (Turn 1/2 back L, Turn 1/2 forward R) Cross Left, Point Right to the Side. Cross Right, Point Left to the Side.
SECTION 3 1 - 2 3 & 4 5 & 6 7 & 8	Touch Kick Forward, L Coaster Step, Shuffle 1/2 Turn, Turn 1/4 Side Shuffle. Touch Left Forward, Kick Left Forward. Left Coaster Step. Shuffle 1/2 Turn (L) Back on R,L,R. Turn 1/4 Left Side Shuffle (6.00)
SECTION 4 1 - 2 3 & 4 5 - 6 7 & 8	Cross Rock, Coaster (or) Triple Full Turn. Cross Rock, Sailor 1/2 Turn L. Cross Rock Right, Recover on to L. Right Coaster Step (or) Triple Full Turn R (6.00) Cross Rock Left, Recover on R. Left Sailor 1/2 Turn (Behind L, Turn1/2, Step L) 12.00
SECTION 5 1 - 2 3 & 4 5 - 6 7 & 8	Step R Lock, Step Lock Step. Step L Lock, Step Lock Step. (Diagonals) 12.00. Step Right Forward, Lock Left Behind Right. Right Lock Right. Step Left Forward, Lock Right Behind Left. Left Lock Left.
SECTION 6 1 - 2 & 3 - 4 5 - 6 & 7 - 8	Syncopated Jazz Box 1/4 Turn L. Point Monteray 1/2 Turn Point. Side Switches. Cross Right, Back Left. Turn 1/4 L Side Right (&) Cross Left. Point Right to the Side (9.00) Monteray 1/2 Turn R (Together) Point Left to the Side (3.00) Step Left next to R (&) Point Right & Point Left (Side Switches) RESTART
SECTION 7 1 - 2 & 3 - 4 5 - 6 & 7 - 8	Touch Kick & Cross Side (x2) Touch Left next to Right. (Diagonal) Kick Left. Step on to L (&) Cross Right, Side Left. Touch Right next to Left. (Diagonal) Kick Right. Step on to R (&) Cross Left, Side Right.
SECTION 8 1 & 2 3 - 4 5 - 6 7 & 8	Coaster Step, Step 1/2 Turn, Cross, Side, R Sailor Step. Left Coaster Step. Step Right 1/2 Turn (Left) Cross Right, Side Left (9.00) Right Sailor Step (angled slightly) 9.00
RESTART	During Wall 2. After the Side Switches (facing front)