

Walk, Walk, Together, Push Back, Knee Pops, Kick

- 1 – 2 Walk forward – right, left
- 3 – 4 Close right to left bending knees, push bottom back
- 5 – 8 Right knee pops – in, out, in, kick right to right diagonal

Behind, Side, front, side, back, recover, large step to right, slide left to right

- 1 – 2 Cross right behind left, step left to left
- 3 – 4 Cross right over left, step left to left
- 5 – 6 Rock back on right, recover on left
- 7 – 8 Large step to right, slide left to right (weight on left)

'V Step', cross, hitch, behind, side

- 1 – 2 Step forward and out on right, step forward and out on left
- 3 – 4 Step back on right, close left to right
- 5 – 6 Turning to left diagonal cross right over left, hitch left knee
- 7 – 8 Step left behind right, step right to right (squaring up to 12 O'clock)

Cross, hitch, behind side, 2 x 1/8th Paddle turns

- 1 – 2 Turning to right diagonal cross left over right, hitch right knee
- 3 - 4 Step back on right, step left to left (squaring up to 12 O'clock)
- 5 – 8 Paddle turn 1/8th left rolling hips anti clockwise, paddle turn 1/8th left rolling hips anti clockwise

Music download available from iTunes
