

## Loosen It

32 count, 4 wall, intermediate level

Choreographer: Colette Sweeney (Scotland)

Aug 2007

Choreographed to: Buttons by Pussycat Dolls,  
CD: PCD

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Start on Vocals - 20 Seconds - On the word loosen

### **1-8 WALK FORWARD x4, CROSS ROCK & SIDE, ROCK, RECOVER**

1,2,3,4 Walk forward Left, Right, Left, Right

5 & 6 Cross rock Left over Right, recover weight back on Right, BIG step to the Left on Left

7,8 Rock back on Right, recover weight forward on Left

### **9-16 PIVOT LEFT, KICK & POINT, SAILOR, SAILOR ¼ RIGHT**

9,10 Step forward Right, pivot ½ turn Left taking weight on Left foot

11&12 Kick Right foot forward, step down on Right foot, point Left out to Left side

13&14 Step left foot behind right, step right to right side, Step Left to Left side

15&16 Step right behind left, step left in place making 1/4 turn Right, Stepping right to right side

### **17-24 ROCK, COASTER, ROCK & DRAG, KICK BALL CROSS**

17,18 Rock forward on left foot, recover weight back on right

19&20 Step back on left, step right next to left, step forward on Left

21&22 Rock forward on Right, recover weight back on Left, BIG step back on right

23&24 Kick Left foot forward, step down on left foot, Cross right over Left

### **25-32 FULL TURN, ½ MONTEREY**

25, 26 Make ¼ turn Left and step forward onto left, make 1/4 turn Left and step Right to Right side

27, 28 Make ½ turn left and step left to Left side, touch Right toe beside Left

29, 30 Point Right out to Right side, make ½ turn Right placing Right beside Left

31&32 Rock Left out to Left side. Recover weight onto Right, Touch Left toe beside Right

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