

Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

# Long Way Over You

32 Count, 4 Wall, Improver, Polka Choreographer: Lana Harvey Wilson (USA) Jan 2009 Choreographed to: Long Long Way by Alan Jackson, CD: Good Time

Start dancing on lyrics

#### SIDE SHUFFLE, BACK ROCK, RECOVER, SIDE, 1/2 PIVOT, CROSS, SIDE

- 1&2 Shuffle to left stepping left-right-left
- 3-4 Rock right back, recover to left
- 5-6 Step right to side, turn ½ left and step left to side (6:00)
- 7-8 Cross right over left, step left to side
- Option for pivot turn
- 5 Turn ¼ left and step right back
- 6 Turn ¼ left and step left to side

### BEHIND, 1/4 TURN, 1/2 PIVOT, FORWARD, KICK-BALL-CHANGE, FORWARD

- 9-10 Cross right behind left, turn ¼ left and step left forward (3:00)
- 11-12 Step right forward, turn ½ left (weight to left, 9:00)
- 13 Step right forward
- 14&15 Kick left forward, step left together, step right in place
- 16 Step left forward

### FORWARD ROCK, RECOVER, ¼ SIDE SHUFFLE, CROSS SHUFFLE, ¼ BACK SHUFFLE

- 17-18 Rock right forward, recover on left
- 19&20 Turn ¼ right and shuffle to side right-left-right (12:00)
- 21&22 Cross left over right, step right to right, cross left over right
- 23&24 Turn ¼ left and shuffle back right-left-right (9:00)

## BACK ROCK, RECOVER 1/2 PIVOT, 1/4 PIVOT, STOMPS

- 25&26 Rock left back, recover to right
- 27-28 Step left forward, turn ½ right (weight to right, 3:00)
- 29-30 Step left forward, turn ¼ right (weight to right, 6:00)
- 31-32 Stomp left together, stomp right together (weight to right)

Music note: there are three sixteen count extras in this music but the beat is constant.

I had written a tag but you really don't need one. Just dance through it!

The song is a little over 4 minutes. If you don't want to dance the whole song, he finishes the main vocals at 2:37 and starts featuring different instruments. You could fade it out any time after that

Music download available from iTunes

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)1704 501678