

Long Way

32 Count, 4 Wall, Beginner/Intermediate Polka

Choreographer: Serge Pénard (May 2008)

Choreographed to: Long Long Way

by Alan Jackson, CD: Good Time

Heel & Heel & Heel, Hook, Heel & Hook ¼ Turn, Triple Step Forward, ½ Turn & Triple Step Forward

- 1&2& Touch right heel forward, switch, touch left heel forward, switch
3&4& Touch right heel forward, right hook, touch right heel, right hook turn ¼ right (3:00)
5&6 Right triple step forward
&7&8 Turn ½ left and left triple step forward (9:00)

Long Right Step Back, Slide Left Step Next To Right Step, Right Triple Step Forward, Touch Left Toe Behind Right Step, Turn ¼ Left(Weight On Right), Left Coaster Step

- 1-2 Long right step back, slide left step next to right step
3&4 Right triple step forward
5-6 Touch left toe behind right step, pivot turn ¼ left (weight on right, 6:00)
7&8 Left coaster step

Restarts here at the end of wall 1, 4 and 6

Turn ¼ Right, Right Triple Step Forward, Turn ½ Left, Left Triple Step Forward, Right Step Forward, Touch Left Toe Behind Right Step, Left Triple Step Backward

- &1&2 Turn ¼ right, right triple step forward (9:00)
&3&4 Turn ½ left, left triple step forward (3:00)
5-6 Right step forward, touch left toe behind right step
7&8 Left triple step backward

Long Right Side Step, Drag Left Step Next To Right Step, Left Triple Step Forward, Right Step Forward, Turn ½ Left And Left Hook, Left Triple Step Forward

- 1-2 Long right side step, drag left step next to right step
3&4 Left triple step forward
5-6 Right step forward, turn ½ left and left hook (9:00)
7&8 Left triple step forward

RESTART

At the end of walls 1, 4 and 6, dance 16 counts, then restart from the beginning