



Approved by:



Long Time Gone

4 WALL – 64 COUNTS – IMPROVER			
STEPS	Actual Footwork	CALLING SUGGESTION	Direction
Section 1 1 - 2 3 - 4 5 - 6 7 - 8 Styling	Side Strut, Back Rock (x 2) Step right toe to right side. Drop right heel taking weight. Rock left back on slight left diagonal. Recover onto right squaring up to wall. Step left toe to left side. Drop left heel taking weight. Rock right back on slight right diagonal. Recover onto left squaring up to wall. Let arms naturally swing back on the back rock.	Side Strut Rock Back Side Strut Rock Back	Right On the spot Left On the spot
Section 2 1 - 2 3 - 4 5 - 7 8	Grapevine 1/2 Turn With Hitch, Grapevine With Hitch Step right to side. Turn 1/4 right stepping left behind right. Turn 1/4 right stepping right to side. Hitch left. Step left to side. Cross right behind left. Step left to side. (6:00) Hitch right, angling body to left diagonal.	Side Quarter Quarter Hitch Grapevine Left Hitch	Turning right Left On the spot
Section 3 1 - 3 4 5 - 7 8	Cross Rock, Step, Hitch (x 2) To left diagonal, cross rock right over left. Recover onto left. Step right forward. Hitch left, turning towards right diagonal. To right diagonal, cross rock left over right. Recover onto right. Step left forward. Hitch right, squaring up to wall. (6:00)	Cross Rock Step Hitch Cross Rock Step Hitch	On the spot Forward
Section 4 1 - 2 3 - 4 5 - 8	Step, 1/4, Step, 1/2, Run x 4 Step down on right. Hitch left turning 1/4 left. Step down on left. Hitch right turning 1/2 left. (9:00) Run forward - right, left, right, left (slightly bending knees then coming up again).	Step Quarter Step Half Run 2 3 4	Turning left Forward
Section 5 1 - 4 7 - 8	Forward Rock, Side Rock, Back Rock, Step, Hold Rock right forward. Recover onto left. Rock right to right side. Recover onto left. Rock right back. Recover onto left. Step right forward. Hold.	Forward Rock Side Rock Back Rock Step Hold	On the spot Forward
Section 6 1 – 4 5 – 8	Step, Pivot 1/2, Step, Hold (x 2) Step left forward. Pivot 1/2 turn right. Step left forward. Hold and clap. Step right forward. Pivot 1/2 turn left. Step right forward. Hold and clap.	Step Pivot Step Hold Step Pivot Step Hold	Turning right Turning left
Section 7 1 – 4 5 – 8	Rumba Box With Hitch Step left to left side. Step right beside left. Step left forward. Hold. Step right to right side. Step left beside right. Step right back. Hitch left.	Side Together Step Hold Side Together Back Hitch	Forward
Section 8 1 – 4 Restart 5 – 8	Coaster Step, Hold, Rocking Chair Step left back. Step right beside lelft. Step left forward. Hold. Wall 2: Start the dance again (facing 6:00). Rock right forward. Recover onto left. Rock right back. Recover onto left.	Coaster Step Hold Rocking Chair	On the spot
Tag 1 – 4	End of Wall 4: Rocking Chair Rock right forward. Recover onto left. Rock right back. Recover onto left.	Rocking Chair	On the spot
Ending	Following right toe strut, step left to side, arms out, and pose.		
Note	Dance goes in and out of phrasing after Wall 5 but just dance through. Also hitches can be danced with a little hop on supporting foot, Cajun skip style!		

Choreographed by: Pat Stott (UK) August 2013

Choreographed to: 'Long Time Gone' by Nathan Carter; FREE download version by

Glenn Rogers available from www.linedancermagazine.com for Linedancer subscribers (21 secs intro - start on vocals)

Restart/Tag: There is one Restart during Wall 2 and a short Tag after Wall 4



A video clip of this dance is available at www.linedancermagazine.com