

## Long Gone Baby

56 Count, 4 Wall, Intermediate

Choreographer: Michael Vera-Lobos (Aus) April 2009

Choreographed to: Get Out Of This Town by Carrie

Underwood, CD: Carnival Ride

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Start on vocals

- 1 – 8**      **OUT OUT, CROSS BEHIND, OUT OUT CROSS BEHIND,  $\frac{1}{4}$  R,  $\frac{1}{4}$  R,  $\frac{1}{2}$  HINGE R SIDE SHUFFLE R**  
&1,2&3,4    Stepping R to R, Step L to L, Cross R behind L, Stepping L to L, Step R to R, Cross L behind R (12:00)  
5,6,7&8      Turn  $\frac{1}{4}$  R on R, Turn a further  $\frac{1}{4}$  R on L (6:00),  
Hinge  $\frac{1}{2}$  R Side Shuffle to R Stepping R,L,R (12:00)
- 9 – 16**      **OUT OUT, CROSS BEHIND, OUT OUT CROSS BEHIND,  $\frac{1}{4}$  L,  $\frac{1}{4}$  L,  $\frac{1}{2}$  HINGE L SIDE SHUFFLE L**  
&1,2&3,4    Stepping L to L, Step R to R, Cross L behind R, Stepping R to R, Step L to L, Cross R behind L (12:00)  
5,6,7&8      Turn  $\frac{1}{4}$  L on L, Turn a further  $\frac{1}{4}$  L on R (6:00),  
Hinge  $\frac{1}{2}$  L Side Shuffle to L Stepping L,R,L (12:00)
- 17 – 24**      **STEP FWD CORNER,  $\frac{1}{2}$  PIVOT L, ROCK FWD, REPLACE, ROCK BACK, REPLACE,  $\frac{1}{2}$  L,  $\frac{3}{8}$  L**  
1,2,3,4      Step fwd on R into L corner (11:00), Pivot  $\frac{1}{2}$  L (5:00), Rock fwd R, Rock back on L (5:00)  
5,6,7,8      Rock back on R, Rock fwd L, Travel fwd Turn  $\frac{1}{2}$  L stepping onto R,  
Turn a further  $\frac{3}{8}$  L ending with L to L facing back wall (6:00)
- 25 – 32**      **CROSS, STEP SIDE, SAILOR  $\frac{1}{4}$  R, FULL SPIN FWD OVER R, SHUFFLE FWD**  
1,2,3&4      Cross R over L, Step L to L, Cross R behind L & turn  $\frac{1}{4}$  R on L, Step fwd on R (9:00)  
5,6,7&8      Travel fwd – Full Spin fwd over R Stepping on L then R,  
Shuffle fwd on L Stepping L,R,L (9:00)
- 33 – 40**      **STEP FWD  $\frac{1}{2}$  PIVOT L, STEP FWD,  $\frac{1}{4}$  PIVOT L, CROSS KICK, CROSS KICK, BALL CROSS, STEP SIDE**  
1,2,3,4      Step fwd R, Pivot  $\frac{1}{2}$  L (3:00), Step fwd R Pivot  $\frac{1}{4}$  L (12:00)  
5,6&7,8      Cross Kick R over L, Cross Kick R over L & Stepping R to R Cross L over R,  
Step R to R (12:00)
- 41 – 48**      **L SAILOR, CROSS BEHIND,  $\frac{1}{4}$  L, STEP FWD,  $\frac{1}{2}$  PIVOT L, ROCK FWD, REPLACE**  
1&2,3,4      Cross L behind R & Rock R to R, Replace wt on L, Cross R behind L, Turn  $\frac{1}{4}$  L on L (9:00)  
5,6,7,8      Step fwd R, Pivot  $\frac{1}{2}$  L (3:00), Rock fwd R, Rock back on L (9:00)
- 49 – 56**      **FULL SPIN BACK R,  $\frac{1}{2}$  SHUFFLE R, ROCK FWD, REPLACE, L COASTER CROSS**  
1,2,3&4      Travel back – Turn  $\frac{1}{2}$  R on R, Turn a further  $\frac{1}{2}$  R on L, Turning  $\frac{1}{2}$  R Shuffle R,L,R (9:00)  
5,6,7&8      Rock fwd L, Rock back on R, Step back on L & Step R beside L, Cross L over R (9:00)
- RESTARTS:** WALL 2 – Dance to count 50 then add a further  $\frac{1}{2}$  turn R on R,  
Step fwd L. Start again back wall. (6:00)  
WALL 5 – Dance to count 50. Start again facing 3:00
- FINISH:**    Dance will finish on the front wall on counts 36 to 40.  
Replace count 40 with a stomp to R side

STUDENTS NOTE: Dance is easy but “Brisk”, can also show early signs of dementia..... Enjoy.MVL

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