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Long Country Road

32 Count, 2 Wall, Improver

Choreographer: Roland (Gutz) Gutzwiller (Switzerland)

March 2012

Choreographed to: Me, George Strait & This Long Country Road by Nevada, CD: Honky Tonks & Longnecks (116 bpm)

Start after 16 counts

I R FWD, HOLD, L FWD, 1/2 RIGHT, L FWD, HOLD, R FWD, 1/4 LEFT

1-4 R forward, hold, L forward, turn 1/2 right weight on R

5-8 L forward, hold, R forward, turn 1/4 left weight on L (03.00)

II R OVER L, L LEFT, R BEHIND L, L LEFT ROCK R OVER L, RECOVER, RONDE WITH R WITH 1/4 RIGHT

1-4 Cross R over L, L left, cross R behind L, L left

5-6 Rock R over L, recover on L,

7-8 make a ronde with R over 2 counts turning 1/4 right (06.00)

(do not put weight on R as it will continue into the next step)

III CROSS R BEHIND L, L LEFT, CROSS R OVER L, HOLD ROCK L LEFT, RECOVER, CROSS L OVER R, HOLD

1 Continue the ronde and cross R behind L,

3-4 L left, cross R over L, hold

5-8 Rock L left, recover on R, cross L over R, hold

IV R ROCKING CHAIR, R FWD 1/2 LEFT, R FWD 1/2 LEFT

1-4 Rock R forward, recover on L, rock R backwards, recover on L

5-8 R forward, 1/2 left weight on L, R forward, 1/2 left weight on L (06.00)

BRIDGES

There is a **bridge of 4 counts** after **wall 2** and **wall 6**, dance a Jazz-Box each time, as stated below.

There is a **bridge of 12 counts** after **wall 8**, dance the same Jazz-Box 3x turning about 1/3 right with each box to make a full turn right with the 3 boxes – you will end at 12.00 again.

Bridge JAZZ-BOX

1-4 Cross R over L, L backwards, R right, L forward

BEGIN AGAIN..... AND SMILE!

Music available from <http://www.nevada-country-band.ch/>

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