



Approved by:

Shirley

Long Cool Woman

4 WALL – 32 COUNTS – BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Forward Lock Step, Brush (x 2)		
1 – 2	Step right forward. Lock left behind right.	Right Lock	Forward
3 – 4	Step right forward. Brush left forward.	Right Brush	
5 – 6	Step left forward. Lock right behind left.	Left Lock	
7 – 8	Step left forward. Brush right forward.	Left Brush	
Section 2	Side Right, Touch, Side Left, Touch, Jazz Box 1/4 Turn		
1 – 2	Step right to right side. Touch left beside right.	Side Touch	Right
3 – 4	Step left to left side. Touch right beside left.	Side Touch	Left
5 – 6	Cross right over left. Step left back.	Cross Back	Back
7 – 8	Turn 1/4 right stepping right to side. Step left beside right. (3:00)	Turn Together	Turning right
Section 3	Toe Strut x 2, Rocking Chair		
1 – 2	Step right toe forward. Drop right heel, taking weight.	Right Strut	Forward
3 – 4	Step left toe forward. Drop left heel, taking weight.	Left Strut	
5 – 6	Rock forward on right. Recover onto left.	Rock Forward	On the spot
7 – 8	Rock back on right. Recover onto left.	Rock Back	
Section 4	Grapevine With Brush x 2		
1 – 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 – 4	Step right to right side. Brush left forward.	Side Brush	
5 – 6	Step left to left side. Cross right behind left.	Side Behind	Left
7 – 8	Step left to left side. Brush right forward.	Side Brush	

Choreographed by: Shirley Blankenship (US) October 2013

Choreographed to: 'Long Cool Woman (In A Black Dress)' by The Hollies
from various CDs; download available from amazon or iTunes
(start on vocals)