

## Long Black Train

32 count, 4 wall, beginner/intermediate level  
Choreographer: Helen Born & Nita Lindley (USA)  
Choreographed to: Long Black Train by Josh Turner;  
Keep On Rockin' by Alvin Lee, CD: I Hear You  
Rockin' ; Keep On Rockin' by George Jones

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### **SAILOR STEP LEFT, SAILOR STEP RIGHT, SHUFFLE BACK, ROCK STEP**

1&2-3&4 Left sailor step, right sailor step  
5&6-7-8 Shuffle back left right left, rock back right forward left

### **SHUFFLE FORWARD, SIDE STEPS**

1&2-3-4 Shuffle forward, right left right, side step left, touch right next to left  
5-6-7-8 Side step right, step left next to right, side step left, touch right next to left

### **HEELS, HEELS AND STEP TURNS LEFT (2X)**

1&2&3-4 Touch right heel forward, switch & touch left heel forward,  
switch & step right foot slightly forward turn ¼ left, on balls of both feet  
5&6&7-8 Repeat 1-4

### **RIGHT VINE WITH CROSS, ROCK STEP, ¼ TURN LEFT, STEP LEFT, RIGHT**

1-2&3-4 Step right, left behind right, step right, cross left over right, rock right  
5-8 Step left, right behind left, turn ¼ left, step left, step right

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