

**Lonestar Shuffle**

BEGINNER

40 Count

Choreographed by: Andie Lynne

Choreographed to: No News by Lonestar

**JUMP AND STEP:**

- 1 Hold arms out in front
- 2 Hop forward while pulling arms in
- 3 Step forward on right foot
- 4 Step forward on left foot

**JAZZ BOX:**

- 5 Cross-step right foot over left
- 6 Step back on left foot
- 7 Step to back on right foot, to the right of left foot
- 8 Step left foot next to right

**HEEL TAPS:**

- 9 - 10 Tap right heel forward twice
- & Switch feet - step on right foot
- 11 - 12 Tap left heel forward twice
- & 13 Switch feet - step on left foot - and tap right heel forward once
- & 14 Switch feet - step on right foot - and tap left heel forward once
- & 15 - 16 Switch feet - step on left foot - and tap right heel forward twice

**RIGHT GRAPEVINE, HOLD AND CLAP:**

- 17 Step right foot to right side
- 18 Cross-step left foot behind right
- 19 Step right foot to right
- 20 Hold and clap

**RIGHT KNEE SWINGS:**

- 21 - 22 Swing right knee to right and return
- 23 - 24 Swivel left knee to left and return

**LEFT GRAPEVINE, HOLD AND CLAP:**

- 25 Step left foot to left side
- 26 Cross-step right foot behind left foot
- 27 Step left foot to left side
- 28 Hold and clap

**LEFT KNEE SWINGS:**

- 29 - 30 Swing right knee to right and return
- 31 - 32 Swing left knee to left and return

**RIGHT FOOT BRUSHES AND 1/4 TURN TO LEFT:**

- 33 Sweep right foot forward
- 34 Cross right foot over left
- 35 Tap right toe in front of left foot
- 36 Make 1/4 turn to left, staying on right toe

**KNEE POPS (AS IF MARCHING IN PLACE):**

- 37 Transfer weight to right foot
- 38 Transfer weight to left foot
- 39 Transfer weight to right foot
- 40 Transfer weight to left foot

**REPEAT**