

Lonestar Bump

BEGINNER

32 Count 1 Walls

Choreographed by: Gloria Johnson

Choreographed to: No News by Lonestar

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- SHUFFLE**
1 & 2 Shuffle forward on right, left, right
- SHUFFLE AND TURN**
3 & 4 Shuffle forward on left, right, left turning 1/2 turn to the right at the same time
- SHUFFLE BACK**
5 & 6 Shuffle backward on right, left, right
7 & 8 Shuffle backward on left, right, left
- HALF PADDLE TURN**
9 - 10 Touch right heel in front and turn body to 10:00 o'clock, touching right toe down to the floor at the same time
11 - 12 Repeat steps 9 - 10 turning body to 8:00 o'clock
13 - 14 Repeat steps 9 - 10 again, turning body to 6:00 o'clock
15 - 16 Stomp right foot twice and clap hands at the same time
- BRUSH TURNS**
17 Brush right foot forward turning body 1/4 turn to the right at the same time
18 Step down on right foot
19 Brush left foot forward and turn 1/2 turn to the left at the same time
20 Step down on left foot
- NO NEWS STRUT**
/(Wag 1st finger of Right hand in front of you as if you are telling someone "No NEWS!")
21 - 22 Step forward on right toe, drop right heel to the floor
23 - 24 Step forward on left toe, drop left heel to the floor
- LONESTAR BUMPS**
& Step right foot to 2 o'clock
25 - 26 Bump hips forward twice
27 - 28 Bump hips to the rear twice
& Step right foot to 5 o'clock
29 - 30 Bump hips to the rear twice
31 - 32 Bump hips forward twice
- REPEAT**
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