

## Lonely Man

64 Count, 2 Wall, Intermediate

Choreographer: Yvonne Anderson (UK) May 2009

Choreographed to: Man Without Love by Plain Loco

CD: 6 of the Best (120bpm)

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### Start On Vocals

**1-8 CROSS ROCK, RECOVER, SIDE SHUFFLE, FULL UNWIND, SIDE SHUFFLE**

- 1-2 Rock R across left, Recover weight on L [12]  
3&4 Step R to right, & Step L beside right, Step R to right [12]  
5-6 Step L across right, Unwind a full turn right [12]  
7&8 Step L to side, & Step R beside left, Step L to left [12]

**9-16 BEHIND, STEP 1/4, SIDE SHUFFLE with 1/4 TURN LEFT, STEP BACK, CROSS TOUCH, FORWARD RIGHT SHUFFLE**

- 1-2 Step R behind left. Make 1/4 turn left stepping L forward [9]  
3&4 Make 1/4 turn left stepping R to side, & Step L beside right, Step R to side [6]  
5-6 Step L back, Touch R toes across left [6]  
7&8 Shuffle forward stepping R, L, R [6]

**17-24 1/2 TURN RIGHT, STEP BACK, REVERSE LOCK STEP, ROCK BACK RECOVER, FORWARD TWO STEP FULL TURN LEFT**

- 1-2 Make 1/2 turn right stepping L back, Step R back [12]  
3&4 Step L back, & Lock R across left, Step L back [12]  
5-6 Rock R back, Recover weight on L [12]  
7-8 Make a full turn left (travels forward) stepping R, L [12]

**25-32 SHUFFLE, ROCK, RECOVER, STEP BACK, CROSS TOUCH, STEP, SWEEP 1/4 TURN**

- 1&2 Shuffle forward stepping, R, L, R [12]  
3-4 Rock L forward, Recover weight on R [12]  
5-6 Step L back, Touch R toes across left [12]  
7-8 Step R forward, Make 1/4 turn right sweeping L toes out and around [3]

**33-40 FORWARD RIGHT DIAGONAL STEP-TOGETHER-STEP, SWEEP, FORWARD LEFT DIAGONAL STEP-TOGETHER-STEP, SWEEP**

- 1-4 Step L forward to right diagonal, Slide R beside left, Step L forward to right diagonal, Sweep R toes out and around preparing to move towards left diagonal [1.30]  
5-8 Step R forward to left diagonal, Slide L beside right, Step R forward to left diagonal, Sweep L toes out and around squaring off to wall [3]

**41-48 FRONT, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS SHUFFLE**

- 1-4 Step L across right, Step R to right, Step L behind right, Sweep R toes from front to back [3]  
5-6 Step R behind left, Step L to left [3]  
7&8 Step R across left, & Step L to left, Step R across left [3]

**49-56 SIDE, TOGETHER, SHUFFLE FORWARD, ROCK, RECOVER, 3/4 TRIPLE STEP**

- 1-2 Step L to left, Step R beside left [3]  
3&4 Shuffle forward stepping L, R, L [3]  
5-6 Rock R forward, Recover weight on L [3]  
7&8 Make 3/4 turn right stepping R, L, R [12]

**57-64 ROCK, RECOVER, COASTER STEP, STEP FORWARD, SWEEP 1/2 TURN RIGHT, SHUFFLE FORWARD**

- 1-2 Rock L forward, Recover weight on R [12]  
3&4 Step L back, & Step R beside left, Step L forward [12]  
5-6 Step R forward, On ball of R make 1/2 turn right sweeping left toes around [6]  
7&8 Shuffle forward stepping L, R, L [6]

**REPEAT**

**Note.** Thanks to the Weymouth choir, your lah lah's were the best ever. No bridges, tags, dance will not work well to Engleburt as Plain Loco arrangement made to be dance friendly and tag free.

