

Lonely Hearts

64 Count, 4 Wall, Intermediate

Choreographer: Karl-Harry Winson (UK) Aug 2009

Choreographed to: Lonely Hearts by Raul Malo,

CD: Moonlight Kiss (142 bpm)

16 count intro – Start on word “Hearts”

Right Chasse. Back Rock. Weave left.

- 1&2 Step right foot to right side. Close left foot next to right.
Step right foot to right side.
3 – 4 Rock back on left. Recover weight forward onto right.
5 – 6 Step left foot to left side. Cross right foot behind left.
7 – 8 Step left foot to left side. Cross right over left. (*R*)

Left Chasse. Back Rock. Weave ¼ turn right Scuff.

- 1&2 Step left foot to left side. Close right foot next to left. Step left foot to left side.
3 – 4 Rock back on right. Recover weight forward onto left.
5 – 6 Step right foot to right side. Cross left foot behind right.
7 – 8 Make a ¼ turn right stepping forward on right. Scuff left foot beside right.

Bridge 1: Here on wall 2 & 5**Left Rocking Chair. Step ¼ turn. Cross shuffle**

- 1 – 2 Rock forward on left. Recover weight back onto right.
3 – 4 Rock back on left. Recover weight forward onto right.
5 – 6 Step forward on left. Make a ¼ turn right.
7&8 Cross left foot over right. Step right foot to right side. Cross left foot over right.

Reverse rumba box (with shuffles)

- 1 – 2 Step right foot to right side. Close left next to right.
3&4 Step back on right. Close left foot next to right. Step back on right.
5 – 6 Step left foot to left side. Close right foot next to left.
7&8 Step forward on left. Close right foot next to left. Step forward on left.

Bridge 2: Here on wall 2 & 5**¼ turn Grapevine Right. Left Grapevine ¼ turn.**

- 1 – 2 Make a ¼ turn left stepping right foot to right side. Cross left foot behind right.
3 – 4 Step right foot to right side. Scuff left foot beside right.
5 – 6 Step left foot to left side. Cross right foot behind left.
7 – 8 Make a ¼ turn left stepping left foot forward. Scuff right foot beside left.

Right Grapevine. Left Grapevine ¼ turn-Scuff.

- 1 – 2 Step right foot to right side. Cross left foot behind right.
3 – 4 Step right foot to right side. Scuff left foot beside right.
5 – 6 Step left foot to left side. Cross right foot behind left.
7 – 8 Make a ¼ turn left stepping left foot forward. Scuff right foot beside left.

Right rock. Shuffle ½ turn x3.

- 1 – 2 Rock forward on right. Recover weight back onto left.
3&4 Make a shuffle ½ turn right stepping: Right, Left, Right.
5&6 Make a shuffle ½ turn right stepping: Left, Right, Left.
7&8 Make a shuffle ½ turn right stepping: Right, Left, Right.

Alternative Step: Can replace counts 3-8 with 3 shuffles forward**Left rock. Left Coaster cross. Hip bumps x4**

- 1 – 2 Rock forward on left. Recover weight back onto right.
3&4 Step back on left. Step right foot next to left. Cross left foot over right.
5 – 8 Step right foot to right side and bump hips: Right, Left, Right, Left.

Note: Due to phrasing of music, walls 2 & 5 have 2 sections where music is extended so 2 bridges (extra steps) are require in dance. There is also a restart on Wall 5 (12.00).**Bridge 1:****Step ½ turn x2**

- 1 – 2 Step forward on left. Make a ½ turn right.
3 – 4 Step forward on left. Make a ½ turn right.
Continue with dance where left off.

Bridge 2:

Step ½ turn x2

- 1 – 2 Step forward on right. Make a ½ turn left.
- 3 – 4 Step forward on right. Make a ½ turn left.
Continue with dance where left off.

Restart (*R*):

Dance first 4 counts: Chasse right. Back rock.

Dance and do Weave left, **but instead of crossing right foot over left at end of weave, touch right next to left to get ready to start dance again with a Chasse right.**

Music download available from www.amazon.co.uk

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