

## Lonely Girl

64 count, 3 wall, intermediate/advanced level  
Choreographer: David J. McDonagh (UK) April 2007  
Choreographed to: Lonely Girl by Sandi Thom, Smile  
It Confuses People Album

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Intro: 56-Count, on the word "I". For example, "And iiiiiiiiii". Approx. 25 seconds into track.

### 1-8 LUNGE (SWAY), UNWIND w/POINTING

1-2 Lunge left to left side (leaning over left leg). Start recovering weight on right.

3-4 Recover weight on right (straightening up). Slide/touch left next to right.

5-6 Step left to left side. Cross step right behind left.

7 Unwind 3/4 turn right (keeping weight on left). [9:00]

8 Touch right to behind left and pointing to left (towards the back wall).

Note: Counts 7 and 8 should be smoothed together, unwinding that turn over the two counts and discretely managing to touch right behind left. Turn head towards back wall also.

### 9-16 SWEEP / SWING, ROCK STEP, 1/4 TURN, DIAGONAL STEP

1-3 Over 3 counts, sweep right toe in an arc counter-clockwise ending with right over left (no weight)

4 Complete this reversed ronde sweep by turning 1/4 left stepping forward on the right foot.

5-6 Rock forward on left. Recover weight onto right. [6:00]

7-8 Turn 1/4 turn left and step left to left side (7). Step right forward to left diagonal. [1:00]

### 17-24 KICK, 1/2 TURN HOOK, STEP-HOOK, UNWIND (1/4 + 1/8) TURN, CROSS-POINT

1 Kick left forward. [1:00]

2 On ball of right: Turn 1/2 turn left, hooking left over right shin. [7:00]

3-4 Step forward on left. Hook right foot behind left knee.

5-6 Keep right hooked behind left knee and over 2 counts and on ball of left Turn 3/8 turn left [3:00]

7-8 Cross step right over left. Point left toe to left side.

### 25-32 REVERSED RONDE w/TURNING and POINTING, AND-STEP-LOCK, UNWIND 3/4 TURN

1-4 Keep weight on ball of right. Over four counts: Rotate 1/2 turn (or 1 and 1/2 turns) over left shoulder - keeping that left toe pointed out to the side, sweeping it around with you as you complete that turn. [9:00]

&5-6 Step left beside right. Step forward on right. Cross-step left behind right.

7-8 Over two counts: Unwind 3/4 turn left (weight ending on left). [12:00]

### 33-40 KICK-CROSS, REVERSED 1/2 PIVOT, AND-STEP, HITCH-TURN, STEP

1-2 Kick right forward. Cross-step right over left.

3-4 Touch left back Pivot 1/2 turn left. [6:00]

&5 Step left beside right. Step forward on right.

6-7 On ball of right and over two counts: Raise left knee while slowly turning 1/4 turn left. [3:00]

8 Step left to left side.

### 41-48 SLIDE, STEP-PIVOT-STEP, SLOW UNWIND / TWIST

1-2 Push off your left foot and take a large step right, sliding left beside right (weight on right).

3-5 Step forward on left. Pivot 1/2 turn right. Step forward on left. [9:00]

6-8 On balls of both feet, and over three counts, slowly unwind 3/4 turn right (feet ending crossed, with right over left and end by twisting upper body to the right). [6:00]

### 49-56 SPIN, WALK w/TURNING 1/2, TOUCH

1-4 On ball of right and over four counts: Spin once, twice or thrice over left shoulder ending by swinging that left foot out to left side. [6:00]

Note: If it helps, hitch the left knee while completing that turn.

5-7 Turning 1/2 turn left: Complete three walks: Left, Right, Left. [12:00]

8 Touch right beside left.

### 57-64 WALK-WALK, 1/4 SIDE STEP, HINGE TURNS

1-2 Step forward on right (slightly crossing in front of left). Hold / Pause.

3-4 Step forward on left (slightly crossing in front of right). Hold / Pause.

& Turn 1/4 turn left and step right to right side. [9:00]

5 Hinge turn: On ball of right - Turn 1/2 turn over left shoulder and step left to left side.

6 Hold / Pause. [3:00]

7 Hinge turn: On ball of left - Turn 1/2 turn over left shoulder and step right to right side.

8 Hold / Pause. [9:00]

Note 1: You can clearly hear the down beats of the music, so ignore those fast hold counts and step on those five low-toned piano keys.

Note 2: Those counts feel like: 1, 2, &-(Hold), 3, 4. It's an odd one, but the music does explain.

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## **A Couple of Restarts and an Ending**

### **After Wall 2**

Transfer the weight onto the left foot (57-64 &), then repeat the final 8 counts of the dance (57-64). This is also where you'll be missing out the back wall.

### **During Wall 4**

Dance up to counts 49-56 and start the dance again.

- You'll be facing the front originating wall.

- Also, to make this work, instead of touching right beside left (count 56), step right beside left for a weight transfer to start the dance again on the left foot.

Optional Ending: After Wall 5

Simply repeat the last 16 counts of the dance 49-64.

Enjoy The Dance

Missing Wall: The dance is never danced during the back wall, due to the restarts.

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Music download available from itunes

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