

**HEEL JACK, FUNKY HEEL BOUNCES, ROCK, STEP, STEP, STEP, 1/2 PIVOT RIGHT**

- & 1 Step right back and slightly right, touch left heel forward  
& 2 Step left in place (look left), step right beside left  
3 & 4 Bounce heels three times while making a 1/4 turn left  
5 & 6 Step right forward, step left back, step right beside left  
7 - 8 Step left forward, pivot 1/2 turn right stepping on right

**BODY ROLL, HIP BUMPS, KNEE ROLL, CROSS, BALL, CHANGE**

- 1 - 2 Step left slightly forward and left and do a body roll transferring weight to right

**/Option: Sway hips left, right**

- 3 & 4 Bump hips right, left, right (weight ends on left)  
5 - 6 Roll right knee to the right, stepping down on right on count 6  
7 & 8 Cross left in front and to the right of right, quickly change weight to the ball of right, step on left

**ROCK, STEP, STEP, BALL, TOUCH, HEEL, STEP, SHUFFLE IN PLACE**

- 1 - 2 Rock right out to right, recover weight in place on left  
3 & 4 Step right in place, quickly step left in place, touch right beside left  
5 - 6 Touch right heel forward, step right in place  
7 & 8 Shuffle in place stepping left, right, left

**HEEL, STEP, SHUFFLE IN PLACE, STEP, 1/4 PIVOT LEFT, SHUFFLE FORWARD**

- 1 - 2 Touch right heel forward, step right in place  
3 & 4 Shuffle in place stepping left, right, left  
5 - 6 Step right forward, pivot 1/4 turn left stepping on left (roll hips)  
7 & 8 Shuffle forward stepping right, left, right

**ROCK, STEP, COASTER STEP, STEP, SLIDE, ROCK, ROCK, ROCK**

- 1 - 2 Rock left forward, recover weight in place on right  
3 & 4 Step left back, step right beside left, step left forward  
5 - 6 Big step right forward and slightly right, slide left up to right with et on left  
7 & 8 Rock forward on right, rock back on left, rock forward on right (these 3 steps should be bouncy & on the balls of the feet)

**STEP, 1/2 PIVOT RIGHT, SHUFFLE, POINT, TOUCH, SYNCOPATED HITCHES**

- 1 - 2 Step left forward, pivot 1/2 turn right stepping on right  
3 & 4 Shuffle forward stepping left, right, left  
5 - 6 Point right toe to right, touch right toe beside left  
7 & 8 Hitch right knee across left, quickly touch right toe slightly right, hitch right knee across left

**CROSS BALL CHANGE, ROCK, STEP, SYNCOPATED ROCK, STEP, STEP, SLIDE**

- 1 & 2 Cross right in front of and to the left of left, quickly change weight to the ball of the left, step on right  
3 - 4 Rock left to the left, recover weight on right in place  
5 & 6 Cross rock left in front and to the right of right, quickly step in place on right, step left beside right  
7 - 8 Step right to right, slide left beside right stepping on left

**1/4 TURN WITH A SHUFFLE, STOMPS, HIP BUMPS, HIP ROLL**

- 1 & 2 Turn 1/4 right and shuffle forward stepping right, left, right  
3 - 4 Stomp left slightly forward, stomp right beside left (shoulder width apart)  
5 & 6 Bump hips left, right, left (weight ends on left)  
7 - 8 Roll hips right to left (weight ends on left)

**REPEAT**