

Loca

64 Count, 2 Wall, Intermediate

Choreographer: Raymond Sarlemijn, Wil Bos,

Jose Bellevoque Vane (NL) Dec 2010

Choreographed to: Loca by Shakira,
feat Dizzee Rascal

- 1 Kick and touch, swivels, ¼ turn right, swivels, ¼ turn right, swivels.**
- 1 RF kick forward.
& RF next LF.
2 LF touch forward
& Swivel both ankles left.
3 Swivel both ankles back to middle.
& Swivel both ankles left.
4 Swivel both ankles back to middle.
& Swivel both ankles to left, while doing this turn ¼ right.
5 Point LF forward.
& Swivel both ankles left.
6 Swivel both ankles back to middle.
& Swivel both ankles to left, while doing this turn ¼ right.
7 Point LF forward.
& Swivel both ankles left.
8 LF step forward, facing 18:00.
- 2 Rock step, ½ turn coaster step, cross chasse with 4/4 turn.**
- 1 RF step right.
2 Recover weight on left.
3 ½ turn over right, RF step backwards.
& LF next to RF.
4 RF step forward.
5 ¼ turn left, LF step forward.
& RF close back LF.
6 ¼ turn left, LF step forward.
& RF close back LF.
7 ¼ turn left, LF step forward.
& RF close back LF.
8 ¼ turn left, LF step forward, facing 12:00.
- 3 Pressure step with flamenco arms, rock step, ½ turn coaster step.**
- 1 RF pressure forward.
2 RF next LF, weight on RF.
3 LF pressure forward.
4 LF next RF, weight on LF.
5 RF step right.
6 Recover weight on left.
7 ½ turn over right, RF step backwards.
& LF next to RF.
8 RF step forward, facing 18:00.
- 4 Cross chasse with 4/4 turn, mambo right, mambo left.**
- 1 ¼ turn left, LF step forward.
& RF close back LF.
2 ¼ turn left, LF step forward.
& RF close back LF.
3 ¼ turn left, LF step forward.
& RF close back LF.
4 ¼ turn left, LF step forward, facing 18:00.
5 RF step left.
& Recover weight on LF.
6 RF close LF.
7 LF step left.
& Recover weight on RF.
8 LF close RF.
- 5 Step forward ½ turn option hands in the air, step forward ½ turn option hands in the air, step right, step left, twice to right option with Egyptian arms.**
- 1 RF step forward, option both arms in the air.
2 1/2 turn left, option both arms in the air.
3 RF step forward, option both arms in the air.
4 ½ turn left, option both arms in the air.

5 RF step right, option right hand palm up like a Egyptian, left arm down but hand palm up.
6 LF step left, option left hand palm up like a Egyptian, Right arm down but hand palm up.
7 RF step right, option right hand palm up like a Egyptian, left arm down but hand palm up.
& LF step left, option left hand palm up like a Egyptian, Right arm down but hand palm up.
8 RF step right, option right hand palm up like a Egyptian, left arm down but hand palm up 18:00.

6 Step right, step left, twice to left, cross mambos.

1 LF step left, option left hand palm up like a Egyptian, Right arm down but hand palm up.
2 RF step right, option right hand palm up like a Egyptian, left arm down but hand palm up.
3 LF step left, option left hand palm up like a Egyptian, Right arm down but hand palm up.
& RF step right, option right hand palm up like a Egyptian, left arm down but hand palm up.
4 LF step left, option left hand palm up like a Egyptian, Right arm down but hand palm up.
5 RF crossed forward LF.
& recover weight on LF.
6 RF step backwards.
& Recover weight on LF.
7 RF crossed forward LF.
& Recover weight on LF.
8 RF step right, facing 18:00.

7 Cross mambos, touch, ¼ turn touch, ¼ turn touch, ¼ turn touch.

1 LF crossed forward RF.
& Recover weight on RF.
2 LF crossed forward RF.
& Recover weight on RF.
3 LF crossed forward RF.
& Recover weight on RF.
4 LF step left.
5 RF touch left.
& ¼ turn left.
6 RF touch right.
& ¼ turn left.
7 RF touch right.
& ¼ turn left.
8 RF touch right, facing 21:00.

8 1/4 turn jazz box, 1/2 turn jazz box.

1 RF cross forward LF.
2 ¼ turn right, LF step backwards.
3 RF step right.
4 LF step forward.
5 RF step forward.
6 ¼ turn right, LF step backwards.
7 ¼ turn right, RF step right.
8 LF step forward.