

Live To Regret

32 Count, 2 Wall, Improver

Choreographer: Roz Chaplin (UK) March 2011
Choreographed to: Live To Regret by Stig's Country
(130bpm)

20 Count Intro

TOUCH OUT, IN, COASTER STEP X2

- 1-2 Touch right to right side, touch right beside left
3&4 Step back on right, step left beside right, step forward on right
5-6 Touch left to left side, touch left beside right
7&8 Step back on left, step right beside left, step forward on left

SHUFFLE FORWARD, ROCK, RECOVER, BACK SHUFFLE, ROCK, RECOVER

- 1&2 Step right forward, close left beside right, step right forward
3-4 Rock forward on left, recover onto right
5&6 Step left back, close right beside left step left back
7-8 Rock back on right, recover on left

STEP ¼ TURN LEFT, CROSS SHUFFLE, SIDE TOUCH, RIGHT CHASSE

- 1-2 Step forward on right, pivot ¼ turn left (9)
3&4 Cross right over left, step left to left side, cross right over left
5-6 Step left to left side, touch right beside left
7&8 Step right to right side, step left beside right, step right to right side

ROCK BACK, RECOVER, KICK BALL CROSS, ¼ TURN, TOUCH, BACK BACK TOUCH

- 1-2 Rock back on left, recover onto right
3&4 Kick left foot forward, step left back, cross right over left
5-6 Turning ¼ turn left, touch right beside left (6)
7&8 Step back right, step back left, touch right beside left

TAG: End of wall 4:

STEP, LOCK, STEP, TOUCH

- 1-2 Step forward on left, lock right behind left,
3-4 Step forward on left, touch right beside left

Choreographers Note

A Big Thanks to Rob for sending this over to me I do hope you all like it

Music download available from www.stigscountry.com
