

Live For Today

32 Count, 2 Wall, Improver Choreographer: Roz Chaplin & Colin B. Smith (UK) Jan 2014 Choreographed to: Live For Today by Stubby, CD: Flying The Flag

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16 Count Intro

SWAY HIPS, SIDE TOGETHER BACK, SWAY HIPS, SIDE TOGETHER FORWARD

- 1-2 Step right to right swaying hips to right, sway hips to left
- 3&4 Step right to right side, close left beside right, step right back
- 5-6 Step left to left swaying hips to left, sway hips to right
- 7&8 Step left to left side, close right beside left, step left forward

WALK, WALK, SIDE ROCK CROSS, SWAY HIPS, LEFT CHASSE

- 1-2 Walk forward right, walk forward left
- 3&4 Rock right to right side, recover onto left, cross right over left
- 5-6 Step left to left swaying hips to left, sway hips to right
- 7&8 Step left to left, close right beside left, step left to left side
- **Restart Here on Wall 3**

FORWARD, 1/2 TURN, BACK, BACK SWEEP, SAILOR STEP, SAILOR 1/4 TURN

- 1&2 Step forward on right, make ½ turn to right stepping left back, step right back (6)
- 3-4 Step left back sweep right toe round to right
- 5&6 Step right behind left, step left to left side, step right to right side
- 7&8 Step left behind right, make ¹/₄ turn to left stepping right to right side, step left to left side (3)

JAZZ BOX ¼ TURN, SWEEP, LOCK STEP, SWEEP

- 1-2 Cross right over left, step back on left
- 3-4 Make ¹/₄ turn right stepping right to right side, sweep left forward (6)
- 5-8 Step forward on left, lock right behind left. step forward on left sweep right forward

Thanks to special friend for 8 Counts of this dance

Dance is dedicated to the late Alf Roberts (R.I.P)

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